

# *Healers of the Earth Oracle*

GUIDEBOOK

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## About the Cards

This deck was created to be used in different ways. These ways arose from the desire to create a divination tool that would help empaths and earth sensitives (who comprised a large part of my clientele) to connect with and understand their sensitivity and symptoms. However, the deck was also created to be used as a regular oracle for those who may not be earth sensitives.

This guidebook is a smaller guidebook of two. It contains different spreads, options, and definitions for using the cards as a personal oracle only. Information about the more extensive guidebook—which includes healing charts and instructions for how to use the cards to read the collective energy and climate—can be found at:

*<https://empoweryourhealerwithin.com/manuals>*

At the above webpage, readers can subscribe to a newsletter to be notified when the more extensive manual is available for download. This more extensive manual will also contain information on why the cards were created, as well as more information on earth empathy, in general, and the type of sensitivity and symptoms that can be experienced.

## These Are Not “Feel Good” Cards

*“Enlightenment is a destructive process. It has nothing to do with becoming better or being happier. Enlightenment is the crumbling away of untruth. It's seeing through the facade of pretense. It's the complete eradication of everything we imagined to be true.” ~Adyashanti*

This deck originated as a healing divination tool to replace or complement muscle-testing<sup>1</sup>. Thus, this deck was created with the theme of healing in mind. With healing, as with certain spiritual disciplines and ways of reaching enlightenment, there is often a desire to know what parts of the self, emotions, or patterns are unproductive and can be released. Sometimes, with healing issues, a full recovery isn't possible unless certain memories, emotions, or aspects of the self can be fully faced. In this theme, many healing modalities can employ medical intuition to detect the negative or what's out of balance to bring it into balance again.

In addition, because this deck has an environmental theme, some of its cards' definitions support making a difference in the world, becoming more altruistic, collective-minded, and aware of how we are all connected and how everything we do has an impact upon the whole of humanity. White Buffalo Calf Woman imparted this wisdom:

*“When one sits in the Hoop of the People,  
one must be responsible because  
All of Creation is related.  
And the hurt of one is the hurt of all.  
And the honor of one is the honor of all.”*

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<sup>1</sup> *Muscle-testing* is a form of divination used with applied kinesiology and alternative healing modalities. It involves using the body and muscle strength or weakness in order to receive a “yes” or “no” response to questions about the body, emotions, or issues related to the individual that is being tested.

*And whatever we do affects everything in the universe.”<sup>2</sup>*

This said, if you don’t intend to use the *Healers of the Earth Oracle* for this kind of self-introspection or if you feel sensitive to how certain cards’ definitions are written, you can always remove the cards that act as negative triggers or use them without the guidebook.

## Card Imagery and Suits

The imagery for the seventy-three cards and suits arose from the desire to address what patterns, environmental factors, and other phenomena earth empaths are sensitive to. Thus, the ten suits include:

- Air and Atmosphere (cards 1 to 8)
- Land and Earth (cards 9 to 16)
- Fire and Smoke (cards 17 to 24)
- Water and Rain (cards 25 to 32)
- Ice and Snow (cards 33 to 40)
- Technology and Industry (cards 41 to 48)
- Purification and Release (cards 49 to 56)
- Spiritual Hygiene (cards 57 to 64)
- Health and Healing (cards 65 to 72)
- Unknown (card 0)

The backs of the cards have their own categories that can be used for obtaining deeper insight. These are covered more in Chapter 4.

## What is an Earth Sensitive?

For those who are unaware of what earth sensitivity (also known as earth empathy) is, the best definition I can come up with is:

*...a form of empathic and psychic ability where an individual may experience symptoms through their own body or emotions in concurrence with events, disasters, wars, or other social or environmental happenings in the greater collective world.*

Earth sensitives can also be hypersensitive to changes in the cycles of the moon, astrological transits, solar emissions of the sun, frequencies emitted from technology, subtle changes in their energy field, as well as the moods and emotions of those with whom they are in close relationships.

Using this card deck primarily as a personal oracle, it is not necessary to understand its usage as a tool to help earth sensitives, but I thought it best to explain what they were because this term is mentioned throughout the guidebook. As stated on page 1, if you would like to use this card deck as more than just a personal oracle and want to know more about earth empathy, you can download the larger manual when it becomes available at:

*<https://emponveryourhealerwithin.com/manuals/>*

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<sup>2</sup> You can find the full quote at <http://www.sapphyr.net/natam/quotes-nativeamerican.htm>

## To Be Mainstream or Not to Be?

Working as a psychic empath and EFT practitioner, I've talked to many individuals regarding their approach to spirituality. With those who followed more mainstream approaches (made popular by respected New Age authors, psychics, or internet sources), I would listen as they talked about how such approaches or beliefs affected them, and whether they caused more harm than benefit. For example, were such beliefs empowering them or disempowering them? Were they helping them to overcome anxiety, attachment, and codependency, or were they trapping them further into these patterns? Were they helping them to face reality, cope with it, and access their emotions, or were they leading to addiction, repression, dissociation, or an increased sense of entitlement (and, with this, the inability to cope if they could not obtain what they desired)?

At the same time, I witnessed what types of emotional patterns and blockages arose in concurrence to following certain belief systems, as well as what would occur within the energy field, what types of spiritual interferences<sup>3</sup> were arising, and what seemed to create an increased vulnerability to these interferences. This led me to delve deeper into introspection, meditation, research, and intuitive analysis to ask more questions and to allow for an answer. As a result, some of my understanding of certain New Age ideas (such as with the Law of Attraction, empathy, twin flames, 11:11, and abundance) may differ slightly from mainstream interpretations.

Using this guidebook, for the *Healers of the Earth Oracle*, you can override the definitions included in this manual and apply more mainstream interpretations if your intuition is telling you something different. Cards, like symbols in dreams, often respond to the meanings we give them.

## Why are there Skulls on the Cards?

*"The prophecy says now is the time of the awakening. This is your job now, to awaken. The Vale of the Nine Hells is past and the Time of Warning has now arrived. It is time to prepare for the Age of the Thirteen Heavens. The time of 12 Baktun and 13 Ahau is fast approaching, and they shall be here among you to defend Mother Earth." ~ Mayan Priest/Shaman Don Alejandro Cirilo Oxlay Peres*

The skulls don't, in any way, represent death or lack of health. Instead, they're crystal skulls that have both mystical and healing symbolism. In fact, an older, unpublished version of the *Healers of the Earth Oracle* (then titled *The Earth Empath's and Healer's Oracle*) featured crystal skulls for the artwork on every card (see image on the right).

In essence, the crystal skulls used in the imagery of the cards can be interpreted in two different ways. The first way recognizes that *crystal skulls* are simply crystals that have been carved into the shape of a skull (a part of the human anatomy that contains the brain and wisdom). Like other carved crystals, they can be regarded for their metaphysical and healing properties. As an example, a skull carved out of black obsidian (a protective stone) has been worked into the image on the "Cloud Formations" card (Card 3), for the reason that part of the card's message is centered on rejecting forms of indoctrination that can be taken on, without forethought, from society, one's environment, and important people in one's life.

The second way to interpret the crystal skulls is to connect them to the ancient skulls that have been found in various places on the earth—each believed to be part of the thirteen skulls of Mayan legend and to have extra-special meaning or powers. According to prophecy and legend, there are



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<sup>3</sup> *Spiritual interference* refers negative psychic or spiritual parasite. See more at <https://mysticmandy.com/spiritual-parasites/>



thirteen crystal skulls, each a repository of knowledge. After a major cataclysm in ancient times, these skulls were scattered across the earth. As reported by the same prophecy, during a pivotal time for our planet, the skulls will be found and brought together. Denis Wong in his book *The Mayan Prophecy and Our Future* quotes Don Alejandro Cirilo Oxla Peres:

*Their power and knowledge will awaken our consciousness to stop the incessant killing and destruction that have pervaded our entire history for the past millennia. If we fail to heed the warning then total destruction will ensue and it will mean the end of the survival of humankind as we know it.*

The crystal skulls included in some of the images of this deck carry a little of both of these interpretations. First, they have symbolic meaning based on the metaphysical properties of the crystals they were carved from. Second, they symbolize our being given the opportunity to increase our enlightenment, in ways that assist with restoring balance to what has come out of balance—not only at the individual level but the collective level as well.

## The Use of Energy Work Terms

These cards, with their foundation as a healing tool, were created to accommodate multiple alternative healing systems. Thus, the card definitions may contain terms that are common to certain systems of healing that not everyone may know or give credence to. The cards were created to be as broad as possible and include all types of terms and phenomena that clients (who are at the core of this deck's creation) might believe. Due to the different ways cards can be read, however, you need not necessarily share the same beliefs.

While I've attempted to place footnotes where needed, adding a glossary would have made this manual too lengthy. Thus, if you should encounter a term that you are unfamiliar with, and which hasn't been given a footnote, it is suggested that you look up its meaning on the internet.

# Using a Spread

## Setting a Intention

To prepare for a reading, you may first want to make sure you're clear and free of ego and interference. One method of clearing yourself can be to use an intention or a prayer. You can use your own prayer or intention, or you can use the following:

*Thank you, that I am open to knowing the truth and to breaking through any resistance, denial, mental conditioning, or spiritual or other type of interference that has the potential to block me from being part of the manifestation of peace and healing for myself, for the world, and for all.*

**Note:** The statement has been deliberately kept open to give the reader a choice of whether he or she would like to thank his or her higher self, guides, angels, the universe, God, or other.

## Preparing the Cards

There are different rituals a person can use to prepare the cards before a reading. The easiest one is to shuffle the cards. This helps to free them of the energy from the last time they were used to give a reading.

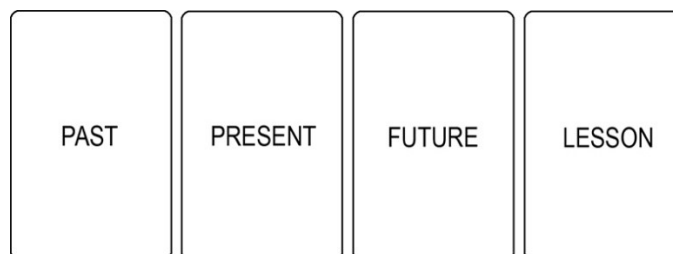
## Spreading and Selecting Cards

There are different rituals a person can use when drawing cards. Some individuals cut the cards and then draw from the top of the cut deck. Other individuals prefer to spread the cards out in front of them and then pick a random card. To use the latter method, after shuffling the cards, spread them out face down in front of you. Then, select a random card. As you flip it over, notice its position (if it is upright or in a reversed, or upside-down, position). Then, you can either look up the meaning of the card in Chapter 3 of this guidebook or use your own intuition to interpret its meaning.

## One-Card Spread

For this spread, you can either focus upon a particular issue you want to receive insight for or ask your higher self to show you an energy to focus on (such as if you're doing a daily draw). Then, draw a card, looking up its definition in Chapter 3 of this guidebook.

## Four-Card Spread



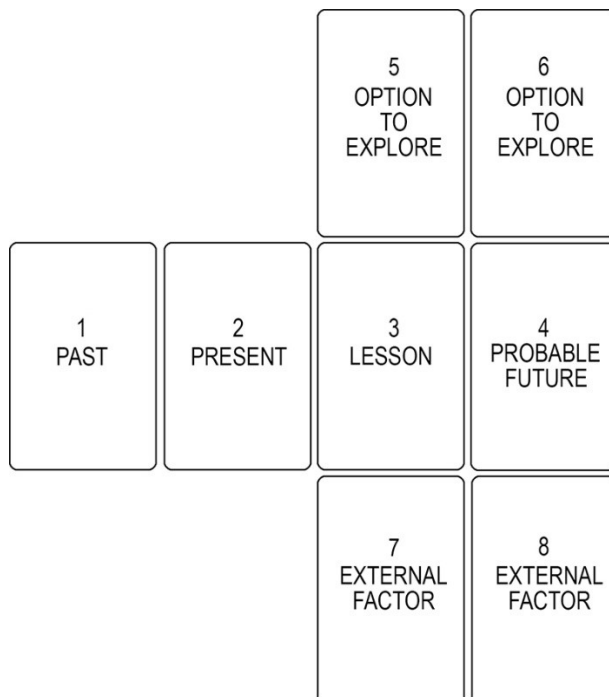
While you can choose to simply do a three card spread (using past, present, and future cards alone), because this deck has a healing theme, a lesson card was added.

To use this spread, have an issue in mind and then pull four cards, laying them down one at a time in front of you, moving from left to right. The first card you will draw represents the past. The

second card you will draw represents where you stand now, in the present. The third card represents the most likely outcome according to the energy being expressed at the time of the reading.

The last card represents a lesson that can be learned (regarding the issue you have asked about). In the case the outcome card is less favorable, it is possible that if you learn the lesson it can potentially affect the outcome, though not always. At times, an outcome may be unavoidable. Even so, there may still be a lesson that can be learned. And in the case your reading reveals a positive outcome, the same applies: there can still be a higher lesson to be learned or a lesson may be a positive one..

## Eight-Card Spread



This spread helps the reader to see the most probable future, based on your current course<sup>4</sup>, as well as options that can be explored to improve it or understand it better, if needed. The cards that represent “external factors” indicate what is in form that may be out of your control.

To perform this spread, lay out the cards in the following order:

- 1. Past Card:** What lies in your past that may have an effect on your current situation or question?
- 2. Present Card:** Where do you stand in the present?
- 3. Lesson Card:** What is the most prominent lesson to be learned?
- 4. Probable Future Card:** What is the *probable future* based on the current energy (i.e., if the current course you are taking remains unchanged).

**5 & 6. Option to Explore Cards:** What are a couple of options that can be explored to improve the outcome? Or what can help you learn a lesson or better understand your situation?

**7 & 8. External Factor Cards** What other factors may affect the outcome? What is out of your control (e.g., the actions or feelings of others)?

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<sup>4</sup> This is based on the premise that outcomes are not always decided, permanent, or unchangeable, and can be affected by free will and choice.

## The Oracle's Message

This guidebook offers interpretations for both upright and reversed configurations of each card. *Reversed* is not to be confused with *negative*. Not all reversed cards have a negative interpretation.

### 0 - The Intangible



**Upright Message:** If you've drawn this card desiring to know the outcome of a situation or what your future holds, it indicates that the outcome and your future are presently unknowable or not in form. Instead, the actions that you or others take regarding your situation may affect how things turn out. Or possibly someone's indecision or wavering could affect a direction or course. As a result, you may be required to go with the flow a little more. If this causes you anxiety, try to face your fear of the unknown or of things not working out.

With matters of spiritual growth, perhaps there's a concept you're meant to grasp that cannot be understood tangibly, or you're urged to focus on your connection to the intangible and spiritual over the material. Alternatively, this card could be encouraging you to be open to receiving love from the universe, knowing you're the expression of love at your core.

**Reversed Message:** Drawing this card in its reversed position can signify that you may have lost the ability to go with the flow or you're looking for a tangible answer or outcome regarding a question or situation that doesn't presently have one. Maybe an outcome depends on a course of action taken by yourself or another person that is undecided thus far. Or perhaps your fear that you won't succeed with manifesting something desired is causing you to act out in ways that are self-sabotaging.

If any of this sounds like you, this card urges you to find a way to shift your focus. You can do this through letting go of force and practicing a little more self-surrender. Be willing to embrace whatever your future holds with courage and a positive outlook. Try to let go of any tendency you have to look for a sense of self-worth or identity in the external world, a relationship, or another person. Instead, allow yourself to find your worth within—in the intangible.

### 1 - The Clock Is Ticking



**Upright Message:** The heat is on! Perhaps you're on the verge of burnout, or stress or pressures have accumulated to a point where they shouldn't be ignored any longer. Or maybe you've procrastinated too long with an important issue. If so, you could be experiencing a sense of urgency, gloom, or fear of consequences should you not be able to turn things around in time or meet a deadline. You could be questioning whether a change for the worse is inevitable or you'll experience an end to something that has meaning to you. Such fears may be grounded in reality or might merely be paranoia.

Even if your fears are founded, it may still be possible to remedy your situation. However, it may require more effort on your part. Therefore, don't be afraid to reach out or accept practical aid from the right person or source. This isn't a time to be idle, apathetic, or to look for the easy way out. Do what is required to turn a negative situation around.

**Reversed Message:** If you've felt under stress or pressure, or have been worried about a deadline, it could be that your burden is about to ease or you'll experience improvement in your condition or circumstances. Perhaps aid is coming, a threat is neutralized, or a deadline can be pushed to a future date. Or you could be moving out of a period of procrastination or idleness.

While a sense of urgency may have abated, there could still be important work to be done or matters that need your attention. Therefore, try not to let things slide back into disorder or stagnation. Tend to important matters in an appropriate fashion.

## 2 - Celestial Encounters



**Upright Message:** If you've been feeling the presence of angels or departed loved ones, it's possible that they're trying to pass on a message. This could be a message of loving support, or it could be more instructive. Or maybe your intuition is exceptionally high right now, allowing you to see more easily what's hidden from the earthly eye.

At times, this card indicates the reader is positively affected by astrological transits or cosmic occurrences. Or if you've been feeling the urge to study topics related to the cosmos, astrology, extraterrestrials, angels, or mediumship, such a venture might be worth it.

Whatever endeavor you embark upon or question you've asked, remember that you're not alone in the universe as angels and unseen helpers are nearby to offer their support.

**Reversed Message:** Something from the heavens could be blocked from reaching you. Perhaps angels or deceased loved ones are attempting to connect with you but you cannot feel their presence or hear a message. Or maybe you're trying to receive a message, but what's coming through is unclear or filtered through your ego or perceptions. If this feels true, it might be best if you put off attempting to make these kinds of connections until they can happen more naturally (and feel less forced).

If, on the other hand, you've been relying on external intuitive sources to receive information (such as psychics, channelings, or websites), you're encouraged to use discernment. Perhaps the sources are unreliable, or the wisdom they offer isn't something that you're ready to grasp at the moment.

At times, this card in this position indicates that you're under the influence of difficult astrological transits. If this is the case, try to use any discomfort they're generating to help you grow or learn a lesson.

## 3 - Cloud Formations



**Upright Message:** You could be overthinking things to the point your vision has become clouded or you have a headache. Perhaps you're going through an inner struggle that has you trying to decipher right from wrong, truth from a lie, or whether to follow your head or your heart. Or maybe you already followed your heart, and you now have regrets or are worried about potential consequences.

If none of the above applies, consider whether you're trying so hard to win society or others' approval that you're no longer living according to what would truly make you happy. For example, are you fulfilling someone else's dream instead of your own? Worse, is giving your power away to someone else in this way making you feel played, manipulated, or taken advantage of?

Whatever your situation, if you can become more centered and clear yourself of extraneous worries or impressions, it might help you free yourself from confusion or the tendency to overthink things. Once clear, you'll instinctively know what action to take and what's aligned with your best interest.

**Reversed Message:** You may be seeing the truth of a situation—or, at least, your truth! For some who’ve drawn this card, you could find yourself more awake to what is going on within or around you. Or you might be letting go of naiveté or the need for others’ approval. The result could be that it becomes more difficult for others to fool or take unfair advantage of you.

If you are in a situation where a decision needs to be made and you’re debating what course to take, trust that you’ve the ability to reach a conclusion without becoming overwhelmed, overthinking things, or worrying what others will think. Simply make the decision you already know in your heart is in your best interest. Allow your innate wisdom and clarity to take the lead. While your decision may not be what someone else considers best for you, whose life are you living?

## 4 - *Bird's Eye View*



**Upright Message:** You may be gifted with the ability to step back from a situation to see the bigger picture or aspects others are ignoring. This could help you to more clearly see the solution to any personal difficulties you're facing, or help you take into account the needs, feelings, and experiences of others around you.

If an ability to see the bigger picture is helping you consider what serves the greater world, you're applauded for your altruism. Maybe you've experienced the joy that comes through making sacrifices that serve a noble cause. If you're not already engaged in acts of charity or humanitarianism, now might be a good time to start.

Whatever question is on your mind, trust that your willingness to be a bigger-picture person will make a difference or provide the answer you're looking for.

**Reversed Message:** Are you too close to a situation to see it clearly? Maybe your ego has gotten too involved, to the point it's hard to see the truth in an important matter, to find the solution to a problem, or to obtain a detached perspective. Or perhaps you're so focused on what you personally have to gain that it's difficult for you to consider—or care about—how others are impacted. If so, you're asked to expand your awareness beyond what affects only yourself. If you can allow yourself to be pulled out of a myopic view of life and to achieve a broader perspective, it may help you better realize your true purpose and position in the Wheel of Life.<sup>5</sup> In the least, if you can learn to see beyond the smaller picture, it may help you come up with a solution or plan of action you can take concerning any difficulties you face.

## 5 - *Round and Round*



**Upright Message:** You may feel scattered, ungrounded, or that you're going around in circles—on autopilot—without any clear direction or without finishing what you start. You could be repeating the same pattern(s), oblivious to what's going on around you or the lessons you could learn. Or maybe you're fearful of growing up or being overwhelmed by adult responsibilities.

For some who draw this card, it could indicate a job, relationship, or other matter you're inquiring about could be up and down, off and on, or affected by your own or another's mood swings, wavering, or indecision.

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<sup>5</sup> The *Wheel of Life* or *Bhavacakra* is a symbolic representation of Samsara (the cycle of reincarnation). See more at <https://en.wikipedia.org/wiki/Bhavacakra>

Whatever your case, simply dreaming of a day when you'll have fewer responsibilities or for when the chaos will settle isn't going to help you much. Try to let go of secretly hoping that life will hand you a resolution or offer an easy way out. See what lesson you can learn that can help you move out of a repetitive or chaotic cycle.

**Reversed Message:** Some form of cycle that kept you going round, or stuck in chaos or indecision, has broken or become interrupted. If the choice was made for you rather than being of your own free will, you could find yourself experiencing pain, fear, or confusion. This could especially be the case if a relationship finally ends that was off and on, or an opportunity was lost due to the inability to fully commit to it or make it a priority.

If your question involves your career or health, perhaps burnout or overwhelm requires you to take a break for a while. Conversely, if you've been taking it too easy, you could find yourself forced to grow up, find a job, or become more responsible.

Whether this card's message is perceived as positive or negative will depend on your outlook and readiness to end an unhealthy cycle. Whatever your situation, you'll be given the opportunity to free yourself from being stuck in a loop, allowing you to move forward.

## 6 - *Black Swan*



**Upright Message:** An unforeseen event or surprise could leave you feeling a little shaken up. Maybe you're blindsided by the sudden loss of something you thought was secure. Or you might discover that you've been misinterpreting a situation, assuming all was well when, in reality, it was a different story. Someone could act in a way that shocks you, or you could find yourself deceived by a person you trusted. Or, perhaps a project, purchase, move, or endeavor brings unexpected legal or other headaches.

If such an event hasn't already taken place, the message of this card guides you to be awake and aware when it comes to what's going on around you. Maybe signs are currently beckoning you to pay attention that something isn't right. If so, it's better that you're alert now, rather than learning the truth through hindsight. It won't make you less of a positive person if you can employ this kind of awakened discernment. It will simply help you to be better prepared and able to face and cope with the unexpected in life.

**Reversed Message:** It's a good thing you're paying attention to your hunches and the warning signs that something isn't right. You're exceptionally lucid right now and can see the truth, even in cases where it might be tempting to go into denial or avoid what could upset you. If you allow yourself to trust what your gut is telling you, you'll know the right decision to make or path to tread concerning a person, relationship, or situation. Perhaps a crisis can (or has already been) averted through your taking an awakened course of action. In whatever matter you've inquired about, you've been blessed with some measure of foresight. Be thankful!

## 7 - Flight Plan



**Upright Message:** You or someone you're involved with may feel tempted to flee from a commitment or to skip town without notice. Perhaps this person (is it you?) is afraid to get too close or intimate, lest he or she be seen for who he or she truly is instead of the illusion or fairy tale being offered.

If this person happens to be you, you might want to work on commitment issues or problems seeing your goals, projects, or opportunities through to completion. Also, before embarking on anything new, be willing to be open and honest about your abilities and what you're capable of. Know that you don't have to pretend to be something you're not to impress others.

At times, this card can indicate that you or someone you care about needs a temporary break, vacation, or to take a work-related trip out of town. In matters of health, it can indicate panic attacks or the tendency to dissociate when things get difficult (or to keep a fantasy going).

**Reversed Message:** You could be letting down your guard to expose more of who you truly are. Perhaps this approach can help with attracting a partner or opportunity, or with bonding with someone at a deeper level in a relationship. Or perhaps you've in the past felt tempted to abandon a project, job, or relationship due to difficulties or a fear of intimacy, but you've recently decided it's worth fighting for or that you want to increase your level of commitment.

If this doesn't apply, you might desire to get away from or flee a situation or relationship, but feel unable or unready to do so. Perhaps responsibilities prevent this from happening or something comes up that's out of your control. If so, try to take things day by day, trusting that when you're ready, and the conditions are favorable, you'll be in a better position to make desired changes.

If your question involves a trip or travel, be prepared for delays or breakdowns with vehicles.

## 8 - Magic Beanstalk



**Upright Message:** You're currently aligned with higher values and principles. Accordingly, your goals and relationships must support these higher values, or you'll likely opt to let them go.

With work matters, if a situation arises where you've the opportunity to elevate yourself in standing or position, you'll likely strive to do so without needing to disparage others or to engage in unhealthy competition. Or perhaps due to your integrity and work ethics, you've gained the favor of your boss, are about to receive a raise, or you're gaining recognition.

In matters of spiritual growth, you could be making efforts to improve yourself, evolve your consciousness, or raise your kundalini<sup>6</sup>. If you keep focused on journeying this upward path, you're likely to witness growth and improvement.

**Reversed Message:** Aligning yourself with higher ideals and values will likely be rewarded at this time and help you to advance yourself. Conversely, attempting to further yourself through being too competitive or self-serving could potentially backfire. In some cases, this card in this position can portend a fall from grace (or from a higher position to a lower one). If so, it is likely because you allowed your ego to get the better of you.

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<sup>6</sup> Kundalini is a yogic term which refer to an energy that rises from the base of the spine to the upper chakras. This movement of energy is thought to be triggered by meditation or increasing enlightenment.



With matters of spiritual growth, this card in this position cautions against falling prey to spiritual pride or having an overinflated sense of yourself. With your health, you're urged to balance your upper with your lower chakras, and your mind with your heart. Keep grounded if working with kundalini energy or spiritual endeavors that focus primarily on the upper chakras. Think in terms of improving yourself through a natural process; one that is free of force and keeps everything in balance.

## 9 - The Dining Table



**Upright Message:** A form of emotional, physical, or spiritual nourishment could be on the menu. Perhaps you'll be the recipient of the support or nourishment of others' (or their company), or you'll be providing support, company, or nourishment for others. This could take the form of an admirer asking you to go out on a date. Or you could be hosting or attending a social or family gathering. If the latter, a special occasion such as a wedding, holiday, or other form of celebration could be what brings you and others together. Whatever the case, you'll likely enjoy good food and entertainment.

With health matters, the appearance of this card can indicate you're making an effort to eat healthy, to follow a balanced diet, or to see that your nutritional needs are being met.

**Reversed Message:** A get-together, celebration, or party you were looking forward to attending (or hosting) could get cancelled or may not go as well as expected. Hopefully, you haven't been stood up! If not this, perhaps you feel invisible to others, that you're feelings and needs don't matter, or that you're not getting the recognition or attention you deserve. This could be a valid perception or a false one. If false, it could indicate you're expecting too much of others or underestimating how much you're cared for.

If your situation is one where you've become too withdrawn or isolated, you're urged to become more sociable. Perhaps attending events or joining clubs can help you connect with others or meet new people.

In matters of health, this card reversed can indicate dietary or other food-related issues. You may benefit from ensuring that you're eating right and not deficient in important nutrients.

## 10 - Field of Dreams



**Upright Message:** Your creativity and manifesting ability is likely to be strong right now. If looking for work or a relationship, you could be close to attracting something with lasting potential. If you already have a job or are coupled up, there may be the potential for your situation to become more secure and committed.

However, because this is a card of growth, if you just started a job, project, or relationship, try not to feel discouraged if you fail to see progress overnight. This isn't a card of overnight success, but of growth and longevity. Growth can take time and come in stages. You must first start with a seed, nurture that seed to help it grow, and then enjoy the harvest.

Whatever stage of growth you're at, if you can channel your creativity in the right direction commit to a process, you're likely to witness progress.

**Reversed Message:** You may be hoping to manifest something of value but are either traveling the wrong path or the right path in the wrong direction. For example, maybe you're trying to put the cart before the horse, are using another form of backward process, or a tendency toward backward thinking is inhibiting your progress. Or maybe you possess lofty dreams or aspirations, but your

ultimate goal is unrealistic or lacks the proper foundation to generate sustainable results. If your vision can be corrected or your plans revised, perhaps what's backward can be turned around.

Drawing this card in its reversed position can also indicate that a mindset of lack has become to predominant. If so, you might benefit from becoming more grateful for all your blessings and accepting of where you are in the present moment. Allow yourself to feel a sense of appreciation for what you already have or have accomplished. Remember that it is easier to make what you want happen if you can adopt a mindset of thankfulness.

## 11 - Fruitful Labors



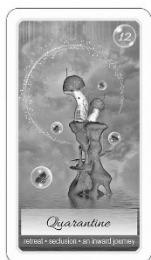
**Upright Message:** You may feel the urge to create new life, nurture it, and watch it grow. This life could be the physical kind, such as the desire to have children. Or you could desire to give life to an idea or project, or to nourish growth in some area of your life—spiritually, physically, or emotionally. If you can combine positive intention with putting yourself or your energy out into the world, you can potentially attract lucrative opportunities. Whatever you're willing to labor toward or commit to, expect your efforts to yield good fruit.

At times, this card may be asking the reader to display generosity toward others who need it or to focus on manifesting good works in the greater world. If this is something you've been thinking about pursuing, know your good intentions are likely to be rewarded and will attract good karma.

**Reversed Message:** You could experience infertility or impotence, either literally or figuratively. Maybe you find it difficult to bring a dream to life or to make a relationship flourish. If you've been experimenting with the Law of Attraction without success, you might be focusing too much on your thoughts and too little on action, which could be compromising your results. Or perhaps two conflicting intentions are canceling each other out, or you're trying so hard to make what you want happen that you're unconsciously trapped in a mindset of lack. Worse, you could be attempting to use the Law of Attraction to manipulate another person or situation you have no real control over!

Whatever your circumstances, if you simply focus on doing good works for their own sake, without focusing on a reward, it could turn things around. Through purifying your motives and getting your ego out of the way, you can help weed your garden. After completing this task, you can more thoughtfully nurture the seeds you want to grow. Then, relax and await your harvest.

## 12 - Quarantine



**Upright Message:** You or someone you care about could feel hypersensitive or lacking in psychic, emotional, or physical immunity. Whoever is feeling vulnerable could be prone to becoming infected with other people's negativity, beliefs, or projections. Due to this, maybe it would be best that this person (you?) be left alone for the time being. Or it might be wise to postpone an important discussion or argument until you or the other party are in a better frame of mind.

In some cases, this card can indicate that someone is being given the silent treatment or is being asked to back off a little. If it's you, try to respect the other party's need for space.

If your question involves your spiritual growth, you might benefit from staying at a retreat or taking a vacation away from the civilized world. Free of being bombarded by society's and others' demands, you may be able to recharge your batteries, do soul searching, or find peace of mind.

**Reversed Message:** You could find yourself less socially active or withdrawing from the world for a while. This could be due to depression, feeling drained, or the desire to free yourself from a dramatic individual or situation. Or you may simply need time alone to heal from a loss, trauma, or assault to your self-esteem. If your issue is you feel hypersensitive, moody, or contagious from a flu or virus, perhaps you need to temporarily isolate yourself so you don't infect others. You might also benefit from spending time alone if you need to engage in introspection. Such a period of isolation need not be permanent nor something to see as negative. Instead, it's something from which you'll later emerge feeling revitalized and your defenses strengthened.

## 13 - Fungi Funeral



**Upright Message:** Lately, you may be realizing that too much fun, overindulgence, or avoidance of responsibility isn't always a good thing. Maybe this is the motivation behind a desire to clean up your life, give up a habit, or go on a diet. Or you could feel motivated to let go of a relationship or something else that is toxic, becoming unmanageable, or creating an unhealthy dependency. Because giving up a pleasurable temptation isn't always easy, you may have to undergo a process of release. If you can allow yourself to grieve the loss of what you're giving up, it will help you move forward—as opposed to backward, into old temptations. Accordingly, if you can resist the temptation to revert to old ways or to second-guess your decision to embark on a healthier path, you'll open yourself up to attracting a healthful future.

**Reversed Message:** A lifestyle change may be in order, but you could feel unready or resistant. Perhaps, despite witnessing the negative effects of not changing course, you still find you can't motivate yourself to give up something beneath you for your own good. Maybe you're in denial that change is necessary, or you've come up with too many excuses. Or you might only feel interested in change if it's painless or effortless. Possibly, you already tried to give up a temptation, only to experience a relapse. However, if you can allow yourself to make a needed change—and process any grief involved with what you would be giving up—you can get your life on a more productive course. This course, unlike your current one, will more likely lead to positive developments and growth.

## 14 - Nature Sprite



**Upright Message:** Allowing yourself to be attuned to nature and respectful of her natural rhythms, cycles, or frequency<sup>7</sup> could prove beneficial now. Perhaps following a purer diet or aligning yourself with natural rhythms and cycles is necessary for you to feel balanced.

If you're the type of person who needs to spend ample time outdoors, perhaps you need to put a hike, camping trip, visit to the ocean, or day of gardening on your calendar. If part of your connection to the natural world includes an affinity for elementals and the fairy realm, perhaps this card is calling you to seek them for their fairy wisdom. If you've drawn this card because you're an earth empath<sup>8</sup>, you could find yourself receiving dreams,

<sup>7</sup> The earth's natural frequency or *Schumann Resonance* is 7.83 Hz (subject to minor variances). Neither too high nor low, it is optimum to keeping life in balance. See: [https://en.wikipedia.org/wiki/Schumann\\_resonances](https://en.wikipedia.org/wiki/Schumann_resonances)

<sup>8</sup> See page 4 for the definition of an earth empath.

premonitions, or symptoms in your body to alert you to larger events in the world. If so, pay attention to them!

For some who draw this card, it could be signaling that it's important for you to consider becoming more environmentally conscious, eco-friendly, or involved with protecting wildlife or animals.

Whatever your question or situation, in some form, a connection to nature is necessary right now to keep you balanced, to reduce stress, to encourage a sense of adventure, and to help you honor where you sit in the Hoop of Life<sup>9</sup>.

**Reversed Message:** Maybe you've been stuck indoors too long or you can't seem to get yourself off the couch. Or perhaps part of your nature-loving spirit or belief in the magic in life has become suppressed or has been given the back seat to more "civilized" priorities. If so, you may need to take a trip outdoors to reconnect with nature, to embrace life's magic, or to engage your sense of adventure!

Alternatively, if you generally tend to be eco-conscious, perhaps you're going through a phase where you don't know whether the effort is worth it anymore. Perhaps, you feel troubled with an overall sense of hopelessness regarding what is happening at a global level. If this is the case, this card's appearance could be a signal for you to have hope and to stay with a cause. Know that your connection to nature (and your efforts to care for her) always matter, and not just in terms of what they can do for nature, but how they can vitalize your soul.

## 15 - Cherished Pet



**Upright Message:** A friend, co-worker, boss, or loved one may be attentive toward you, recognize your efforts, or aspire to meet your needs. In work matters, perhaps you're about to be honored with a raise or given a special title. Your work contributions are likely to be valued.

If your question involves a relationship, perhaps you feel cared for or treated as a special pet by the one you adore. Such a partner may want more than just a fling or may be intent on taming or domesticating you. If desired by both of you, this could potentially lead to living together or creating a family.

If your question involves your spiritual growth, you may want to find ways to cherish yourself, nurture your inner child, or work with totem animals and their medicines.<sup>10</sup> At times, the appearance of this card indicates that showing affection for or tending to the needs of pets and animals may bring both you and them joy.

**Reversed Message:** You could be feeling unappreciated or undervalued by family, friends, or colleagues. Possibly you feel all alone in the world or that your contributions don't matter or have gone unrecognized. Or you could be questioning whether a situation, relationship, or job is only meant to be temporary rather than long-term.

If your question involves a relationship, perhaps you and a love interest aren't paying enough attention to one another. There may need to be more effort made to keep love alive or to reassure each other of your love and affection. Or maybe you're attempting to tame a partner who can't be

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<sup>9</sup> This idea is taken from the wisdom passed down from White Buffalo Calf women: "When one sits in the Hoop of the People, one must be responsible because All of Creation is related. And the hurt of one is the hurt of all. And the honor of one is the honor of all. And whatever we do affects everything in the universe."

<sup>10</sup> *Totem animals* are part of the Native American tradition which treats animals as sacred. According to this tradition, each animal type has its own medicine to convey and can act as a guide for humans. Learn more at [www.legendsofamerica.com/na-totems/](http://www.legendsofamerica.com/na-totems/)

tamed, or a relationship has gotten too wild, to the point that one or both of you are looking outside the relationship to find comfort or attention.

In matters of health and spiritual growth, you might benefit from finding ways to connect with friends and family more often, so you don't have to feel alone. Or you might want to consider spending more time with your pets or other animals, possibly even through adopting a new pet or taking action to protect animals that have been abandoned or abused. If you embark on this course, it will help you bring more love into not only their world but also your own..

## 16 - Shaky Foundation



**Upright Message:** A project, relationship, or decision may not rest on a steady foundation. It's possible that an opportunity exists to make what you want happen, but it requires you take appropriate action. Or perhaps you need a new approach, especially if you find the same types of arguments or issues keep repeating, blocking you from getting anywhere.

If not this, possibly needed financial or other kinds of backing or support are lacking, or you'd benefit from attracting a business partner or coach who could help you brainstorm ideas or create a business plan.

If you're a dreamer rather than a doer, you might wait for your dreams to be brought to fruition through prayer, divine intervention, or waiting rather than taking appropriate action. But, how well is that working for you? Unless you're willing to make sure that the foundation of what you want to create is strong—and to make improvements if it isn't—no matter how worthy a goal is, it's possible that your plans could fall through. So, make sure you create a solid plan for yourself that can be effectively executed.

**Reversed Message:** A dream that you hoped to turn into a reality could have crumbled due to failure to create the proper foundation for it to flourish. Perhaps, you lacked the ability to develop your ideas more fully, failed to take appropriate action, or you gave up too prematurely. Or you may have lacked the proper support or financing to get a project moving forward. Faced with a feeling of failure or impotency, you could find yourself feeling disillusioned or that it's hard to turn your ideas into something more.

While it may feel like external forces are conspiring against you, in truth, all you need is a feasible approach. And if you're willing to give your dreams and goals a more solid foundation to build upon, you'll more likely witness their expansion and growth.

## 17 - Let There Be Light



**Upright Message:** Your intellect may be working at high speed, making the conditions right for applying it to mental work, such as through coming up with a solution to an important issue, or involving yourself with any endeavor that entails research, training, education, or learning something new. Or you could employ it toward achieving deeper spiritual insight, increasing your enlightenment, or discovering life's hidden truths. Perhaps secret knowledge can be uncovered, or a truth can be revealed in a way that serves your personal growth. Or you could find yourself adept at anything that involves making use of your creativity, ingenuity, or ability to lead and inspire others.

If you've been going through dark times, perhaps light will come through finding the right answer or a workable solution. So, allow yourself to feel joyful, self-confident, and optimistic. If you can keep focused on the bright side, you'll make it through a period of difficulty.

**Reversed Message:** While you were flying around the sun in your chariot, you may have gotten a little too close and got burned. Perhaps you were over-striving to achieve a goal and succumbed to burnout or health issues. Or you got a little too confident that you knew everything there was to know about a subject, so you failed to learn a lesson or were blind to an important truth. In some way, the garden you're seeking to illuminate has been turned upside-down, blocking the potential for personal, emotional, or other forms of growth. This energy can be turned around, though you'll need to take a more balanced and humble approach.

## 18 - Bottled Up



**Upright Message:** Something about the situation you've inquired about may leave you feeling stuck, imprisoned, or unable to be yourself.

For some who draw this card, maybe you're holding yourself back from expressing something that needs to be expressed. You could be holding yourself back in this way because you are afraid to offend others. Or you could fear consequences, such as that you might not be believed or supported.

It could be that the longer you remain silent or suppressed, the more likely it is that you'll reach the point you'll want to do something drastic to end your confinement. You could even end up impulsively saying or doing something you'll later regret.

Instead of building resentments or feeling like a victim, try to express your emotions as they arise and find healthy ways to deal with oppressive people and situations.

**Reversed Message:** If you've drawn this card in this position, it's likely that pent-up emotions have percolated to the point you cannot restrain them any longer. Possibly, you even took some form of decisive action that caused a repressive situation, job, or relationship to come to a dramatic end. If so, try not to see this as negative. When an individual embarks on a path of growth, it may be necessary to release what doesn't serve this process. And perhaps it no longer serves you to compromise yourself to someone or something that limits you or keeps you feeling confined.

If the person who's been holding you back is yourself, this card in this position can indicate you're finding a way to outgrow this form of self-limitation. For instance, you could be discovering what it means to be yourself and speak your truth constructively. If so, you are applauded for your efforts.

## 19 - Quench Your Thirst



**Upright Message:** You've been thirsting for something, and this card encourages you to take measures to ensure that this thirst is satisfied, especially if it represents a physical need rather than a desire. Perhaps this card even signals that you're about to be given (or will receive) what you thirst for. Or maybe a gift is coming your way. If so, be thankful!

A second aspect of this card asks you to remember to keep your needs and desires in balance. While it's desirable to have the fire and energy to pursue your aspirations, it's important to make sure your needs for water, sleep, and rest are met simultaneously. Likewise, while it may be honorable to be a giver, you have to allow yourself to receive at times.

Therefore, the best approach is one that honors a balanced, give-and-take process. If you can take this approach, you'll avoid becoming drained or exhausted.

**Reversed Message:** Are you feeling a sense of lack right now? If so, this could be merely a perception rather than an actuality. Such a feeling could be arising because it's difficult for you to trust that you have or are enough.

For some who've drawn this card, it's possible you've allowed a perception of lack to convince you that you need to overstrive in order to compensate. If this is the case, you could be playing with the masculine energy of fire (the yang) in a way that's led you to become too focused on acquisition, winning, and producing something that you can interpret has value. This could lead you to become genuinely depleted, dehydrated, sleep-deprived, or in need of rest—thus, thirsting for the feminine element of water (the yin).

You can correct this type of energy imbalance through allowing yourself to focus on and appreciate all you're already blessed with. Also know that you don't have to overstrive to have or to be enough.

## 20 - Pick Up Your Sword



**Upright Message:** The appearance of this card may be calling for you to speak up or put up a fight when it comes to something important to you. This could involve pursuing an idea or project that you believe in, standing up for an important cause, or being able to express your concerns or feelings with someone you care about. Try not to let an important conversation or idea drop because you're afraid it would be too difficult or would make someone uncomfortable. Don't give up on a good thing too soon, even if it will require you to do what isn't necessarily easy! In the case you don't feel supported or that others believe in what you're attempting to achieve, trust that you can still believe in yourself!

**Reversed Message:** Has a legal or other form of argument or circumstance sent you into a rage? Has it caused you to lose sense of how to advocate for yourself, or fight for something you believe in, with dignity and integrity? Or, conversely, do you have an opportunity to stand up for something honorable, but instead, you feel like giving up?

If the latter, perhaps feelings of weakness, passive conformity, or worry over what others think prevailed over the courage to speak the truth, illuminate others, or stand up for something meaningful. Hopefully, an injustice was not enabled. However, injustice can also become enabled through making a decision to fight dirty or to lower oneself to another's level.

Therefore, this card in this position offers the encouragement that if you need to take a stand for something important, you're asked to be brave and to continue the good fight, but without allowing your emotions or reactions to become too aggressive or chaotic. Stand in your power, and speak your truth from a place of centeredness, fairness, and justness. Trust that you have the ability to fight this kind of fight and, more importantly, to fight it with integrity.

## 21 - Sacred Smoke



**Upright Message:** If you can clear the air with a lover, boss, friend, or family member, it's bound to have a positive effect. Perhaps it can help cut through whatever negativity or misunderstanding has been lingering. This could strengthen your connection or help clear away resentments.

Alternatively, if it's a connection to spirit that you're seeking to strengthen, perhaps using smudging, prayer, or another spiritual ritual can help you to feel more protected or able to operate as a pure channel. Or if your issue involves a healing matter, maybe you'd benefit from asking for assistance from the heavenly realms to help keep you clear and protected or to support you with any healing work you are doing.

**Reversed Message:** Unspoken tensions or resentments could be lingering in the air, causing it to become polluted. This could create distance between you and others. If you're wondering whether clearing the air would help, there's no guarantee that it would foster more closeness. Or maybe you resist the idea too much to even try.

If your issue is that you've felt blocked with cultivating a deeper connection to spirit, perhaps its because you find it hard to trust the spiritual world. You could feel overly vulnerable to negative spiritual forces, or perhaps you lack faith in the power of prayer, intention, or healing rituals. On the other hand, if you've become over-reliant on spiritual rituals, causing you to give too much of your power away, trust that it is safe to let go of this kind of dependency.

At times, drawing this card in this position can signify addictions to cigarettes or recreational drugs. In such cases, the smoke is no longer something that helps to clear the air. Instead, it could be acting as a pollutant..

## 22 - Without a Care



**Upright Message:** Ignorance may be bliss, but it can also bring consequences or loss. If your issue regards a relationship, make sure to be attentive and to give reassurance where needed. Playing games, being neglectful, or giving the silent treatment could damage a loved one's trust in a way that cannot be easily repaired.

In work matters, it pays to stay on top of your commitments and not let things slide. If you're looking for work, you might have to put yourself out there more to see results. In matters of health and home, perhaps your house has become a mess or you need to pay attention to important matters that you've been putting off. Don't neglect to pay the bills, be careful not to overspend, and take care of your needs and those of family and children.

Whatever question you've asked, this isn't the time to sit back and wait for what you want to come to you, or for problems to worsen before they will be given attention. This is a time to take care of and nurture what you want to thrive. Failure could result from negligence.

**Reversed Message:** Is it possible that neglect, denial, or some form of reckless behavior has already led to loss or difficulty? Maybe negative consequences could've been avoided if proper attention had been paid or you didn't procrastinate too long. Or perhaps it may have not been the best game plan to hope that if you ignored problems, they would disappear. Hopefully, you aren't still trusting that things can magically work themselves out, especially without the need to take some important form of action. If doing nothing is part of your agenda, you might need to rethink your approach.



In some cases, the energy of this card can be corrected through giving some form of reassurance or apology, if necessary. If it is too late to turn things around, however, the only thing that you might be left with that you can choose to neglect is a valuable lesson.

## 23 - Forest Afire



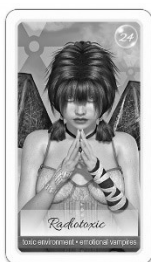
**Upright Message:** You may be feeling creatively inspired or swept up by a romance, project, or idea. This is a positive kind of passion that gets your energy flowing and can put you in touch with your innate vitality and aliveness.

Maybe something you're working toward has the potential to be a blazing success, or a bright idea can lead you in a positive direction. Whatever the case, it's important you express yourself creatively and feel a sense of expansiveness, rather than limitation.

For some, drawing this card could be encouraging you to express your emotions, assert your boundaries, or to remain true to yourself and your beliefs. While this kind of passion can potentially lead to arguments, you're counselled not to let this frighten you. Trust that you can find the right words to express yourself constructively while remaining respectful of other's feelings.

**Reversed Message:** Are you feeling negatively led by your desires, passions, or creative urges? Does it feel as if they are out of control or leading to an out-of-control situation? Just be careful that you are not so intent on satisfying your every whim—and never missing an opportunity—that it hasn't left you scattered or unable to prioritize what's truly important, potentially resulting in loss. Perhaps, the need to satisfy every passion and desire has even caused you to feel addicted, over-committed, or worn out. Hopefully, it has not led you into unhealthy situations where either you or others can suffer harm. Whatever your question or situation, if you've drawn this card, in some way it is urging you to reign in your desires and passions to the degree that you can get your life back under control.

## 24 - Radiotoxic



**Upright Message:** Someone or something in your environment could be having a toxic effect on you, possibly even affecting your physical or emotional health. On the physical level, this can represent sensitivity to chemicals, toxic emissions, or other artificial substances. On the emotional level, this can indicate abusive relationships, messy emotional entanglements, or feeling drained or adversely affected by someone's addiction, negativity, or drama. Exposure to these types of situations or relationships is likely to generate feelings of frustration, powerlessness, or victimization. If you feel victimized enough, it could even lead to an unhealthy desire for retaliation or to holding

a grudge.

Instead of allowing feelings of victimization to take hold of you, try to find ways to detach from the drama, to own your own power, and to set appropriate boundaries.

**Reversed Message:** You could find yourself ready to take action when it comes to dealing with something toxic. Physically, this could involve purifying your diet or surroundings of environmental or other toxins. Emotionally, this could involve letting go of toxic emotions or distancing yourself from relationships that are abusive, drama-inducing, or draining. Or perhaps you've outgrown the need to be a victim or begun to recognize how you've enabled your own or others' unhealthy behaviors or dependencies.

In some instances, drawing this card in its reversed position can indicate the willingness or readiness to work with a counselor or healer to mend past traumas that could be contributing to relationship issues or other problems.

At any rate, you may be taking more responsibility for how you give away your power and what you can do to regain it.

## 25 - Remnants of Atlantis



**Upright Message:** Where in your history have you done this before? Where are you being given a second chance to learn a lesson or get something right? Alternatively, where are you clinging to the past when it would be better to let go?

This card can also indicate that conscious or subconscious memories from the past, even past lives, are coming to the surface of your awareness to be processed or released. If it's not past memories coming to the surface, it could be that you're locating hidden strengths, awareness, or abilities. Or maybe a lesson or challenge you are currently undergoing could be connected to a past life or is part of a karmic debt you need to pay off. Whatever is resurfacing from your past, use it to grow and flourish.

**Reversed Message:** Something in your life and awareness is about to be shifted or is in the process of shifting. Maybe you're tired of repeating or reliving something from your past to the point that you've decided to learn the lesson or let the past go. Or events may have happened that have made letting go of something from your past unavoidable or no longer a choice.

For some who draw this card, a shift may have been precipitated by efforts you're making to increase your self-awareness. Perhaps you're receiving some form of healing or therapy that allows something unconscious to come to the surface. Or maybe a breakthrough is triggered by vivid dreams, intuitive insights, or encounters with important people or situations. Whatever the case, you may be in the position to better understand past patterns so that you know how to work through and release them.

## 26 - Braving the Storm



**Upright Message:** Though times may be difficult, you have what it takes to make it through. You might need, however, to tap into your innate capacity for courage and fortitude. Perhaps you have no other choice. All you may be able to do is keep moving forward, facing difficulties you encounter head on.

If you recently suffered a loss, embarked on a major life change, or made a decision from which there is no turning back, you may be worried about what the future holds. Or perhaps you were recently shocked by new information you learned, or insights or dreams you experienced.

Whatever your case, use your faith and heroic spirit to move through your fears and to venture into the unknown. Trust that you can make the best of any difficulty you're undergoing. Don't let a little bad weather stop you from believing in yourself.

**Reversed Message:** You could feel as if you've been tossed into a storm of chaos or difficulties. Or perhaps you've received a shocking insight or information that's difficult to process. Whatever challenges you're facing, you could be seeking reassurance that you will come through them unscathed.

Though you may be struggling to maintain your composure, it could be difficult not to let your emotions get the best of you. Hopefully, you haven't succumbed to feelings of panic, overwhelm, or desperation. This will only make it harder for you to see the bigger picture or come up with a solution.

If any of this sounds like you, try to keep the perspective that this storm will pass, as storms always do. With time, the sun will shine again, and when it does, you'll find your hope's renewed.

## 27 - Moon Magic



**Upright Message:** With an important project, goal, or relationship, you could find yourself feeling a sense of rhythm or flow. You could be feeling comfortable taking one day at a time, while allowing yourself to enjoy the moment or whatever process you're going through. If any area of your life should happen to be out of balance, this card signals that you can bring it into harmony again through showing patience, letting go of force, and allowing things to take a natural course.

For some who draw this card, if you've been staying up nights or have trouble sleeping, it may be time to regulate your sleeping patterns or catch up on needed sleep or rest. And if you find yourself experiencing vivid dreams or visions, make sure you record and study them more deeply. Possibly, important information can be gleaned that can help you along your path.

**Reversed Message:** You may be ignoring or out of sync with your body's (or life's) natural rhythms and cycles. Perhaps you've been pushing against them to complete a task. Or maybe you're fighting against the flow with a relationship or goal, trying to force what you want to happen instead of allowing things to take a natural course.

For some, the appearance of this card could indicate that anxiety or worries are keeping you up at night, or troubling dreams are rousing you from your sleep. If so, this could be preventing you from getting needed rest. You may even feel the need to resort to unnatural means to compensate, relying on sleeping aids or stimulants to make it through your days or nights.

Whatever is out of balance in your life can potentially be restored if you can find ways to get back in sync with natural rhythms and cycles once more.

## 28 - Purity



**Upright Message:** You or someone you know could be an example of purity or virtue, or is placed on a pedestal of perfection. If this isn't a person, it could be that a goal you're pursuing is a pure one or will bring out your most virtuous qualities. Or maybe you've kept your motives pure, or made an important decision that serves not only your own interests but the interests of everyone involved. This card can also indicate you're demonstrating humility, acting as a good role model to others, or striving to become a better person.

In some situations, the appearance of this card can indicate that you or someone else is blameless regarding an accusation. If it's you, release any feelings of guilt over what you can't control and what isn't your fault or burden to carry. Let go of the need to prove yourself to others. Know that in the world of spirit, you're whole and perfect just as you are.

**Reversed Message:** Someone may have fallen off a pedestal of virtue. This individual (is it you?) might now be viewed in a less idealistic light, or as more human and less perfect than before. Perhaps this person acted from impure motives and it affected his or her reputation. Or maybe this person acted out in an emotional way, causing him or her to be seen in a less favorable light. Hopefully, the individual in question wasn't being held to unrealistic or unhealthy expectations.

Whether you're the person who fell off a pedestal or you're feeling let down by someone important, you might feel tainted or unclean. Therefore, do whatever emotional work needs to be done to let go of the guilt, blame, or disappointment you feel.

Whoever may have fallen from a pedestal, in the world of spirit, his or her innate goodness and innocence were never completely lost. Even in the world of form, it's never too late for a person to redeem himself or herself, if a situation calls for it.

## 29 - Ocean of Love



**Upright Message:** You feel loved, cared for, and supported by friends, family, or a partner. This helps you feel safe when it comes to opening your heart and letting down your guard.

In a romantic situation, you and a love interest could enjoy physical chemistry and the desire to bond more deeply. Perhaps this relationship even has the potential to be lasting.

With work matters, you may feel supported or on good terms with a boss or co-workers. You might even find romance on the job! Or maybe you receive emotional, practical, or even financial support from others who believe in you and want to help you meet your goals. Alternatively, if you're trying to do everything alone, this card could signify you'd benefit from eliciting support from friends, family or even an inspirational coach or business consultant.

When it comes to your health, surrounding yourself with loving, supportive individuals will likely have a healing effect and help you feel accepted for who you are.

**Reversed Message:** Whether your question involves your work, health, finances, or a relationship, this is a time to go it alone. Don't expect to be taken care of.

Maybe you've drawn this card because you've forgotten how to meet your own needs. If so, you could be expecting too much from others, looking to them to provide what you can't provide for yourself. Possibly, your experiences and the circumstances you attract could even be attempting to teach you how to release unhealthy codependency so you can become more independent and self-reliant.

Whatever your question, this card in this position asks you to trust that it is safe to release your grasp over others. Allow yourself and those you care about more freedom. Be willing to face your fears of being alone, abandoned, or uncared for. Find out who you are and what you're capable of—on your own, without relying on another person to complete you.

## 30 - Dolphin Song



**Upright Message:** Using your listening skills could help you to hear something important that a person, situation, or life in general is attempting to communicate.

If your question involves a relationship (romantic, work-related, or other), you're being asked to pay attention not only to what another person is expressing through words, but also to what he or she is unconsciously communicating through body language, actions, or another mode.

When it comes to your personal or spiritual growth, perhaps being willing to listen to what's communicated through signs or symbols could help you get better in tune with life, or may help you better understand metaphysical or other principles.

**Reversed Message:** Drawing this card in its reversed position can indicate that you're refusing to listen to someone or something important. Maybe you find it difficult to hear what a loved one is

trying to communicate (or you're hearing only what you want to hear), or you're ignoring guidance or wisdom that's being offered. Or maybe you're having trouble hearing or translating something that goes beyond words—such as what's communicated through signs, signals, actions, or body language. Hopefully, an inability to hear what you need to hear, and to hear it clearly, isn't throwing your sense of echolocation<sup>11</sup> off, thus steering your life in the wrong direction.

In certain instances, this card drawn in this position can indicate blocks to receiving clear insight through clairaudience, telepathy, or other forms of intuition. To rectify this issue, try to rely *only* on the messages coming through clearly. Otherwise, pay heed *only* to what is factual rather than what is intuitive for now. Maybe doing so can help you to steer your life back onto a more purposeful course.

### 31 - *Don't Forget Your Umbrella*



**Upright Message:** You may want to create a backup plan in case a relationship, job, or opportunity you're interested in doesn't turn out to be the "one." Even if what you're investing in is the "one," without proper foresight, action, or planning, it could end up the "one that got away." Life, like the weather, offers no guarantees. Therefore, it sometimes pays to plan for contingencies.

Generally, this card warns against taking the easy way out, winging it, and pinning all your hopes on one approach, relationship, prospect, or opportunity. Instead, it counsels the querent to be flexible, adaptable, and willing to employ a proper strategy where needed.

**Reversed Message:** You may feel overwhelmed or that you're drowning in difficulty. Perhaps you let the water rise over your head through mismanaging your finances and now you're flooded with debt. Or maybe none of it was your fault. Even with a good plan and the proper foresight, unexpected difficulties might've cropped up.

In matters of work or love, perhaps you invested your time, money, planning, or commitment in a relationship, job, or prospect that didn't pan out as you hoped. While part of you may want to stick with a certain strategy and continue to make an effort, the difficulties involved in carrying your endeavor through to fruition may feel insurmountable. You may feel tempted to jump ship to head for more peaceful shores.

Whether you can improve the energy of this card and bring about a more satisfactory outcome may depend on your attitude and willingness to be flexible, adaptable, or open to taking a new approach.

### 32 - *Intensity*



**Upright Message:** You could be feeling powerful emotions now. While they may feel uncomfortable, perhaps they're serving a protective or worthwhile purpose.

When it comes to a job or relationship, strong passions could be the impetus behind working to secure a commitment. Alternatively, feelings of hurt or abuse could impel you to let a bad situation or relationship go.

For some, getting angry enough over an injustice could offer the incentive needed to see that it is rectified—or to make sure that an important issue isn't ignored or treated with indifference. At times, sufficient irritation at feeling stuck or waiting can

<sup>11</sup>Echolocation among dolphins occurs when a dolphin sends out a sound and this sound reverberates back an echo. From the echo, the dolphin can navigate through the waters knowing its position among other objects. .

stimulate a person to make an important change in his or her life. Even the anger experienced due to feeling criticized or not believed in can cause a person to seek to prove him- or herself and what he or she is capable of (helping to drive a person toward success).

Thus, with drawing this card, your intense emotions and passions needn't always be perceived negatively if they can be used toward a productive purpose.

**Reversed Message:** Are you allowing yourself to be led by your emotions in an unhealthy way? Have you become a little obsessed or fixated? Have you fallen into patterns of all-or-nothing or black-and-white thinking? Or have you resorted to acting out emotionally, thus sabotaging your best interests?

If any of the above applies to you, you could feel you're riding an emotional rollercoaster of ups and downs, unable to tread a middle path between extremes. To correct the energy of this card may require you to step back to view your thoughts, emotions, or a situation clearly and from a detached perspective. You may also benefit from postponing making any big decisions until you can balance your strong emotions with logic and reason.

### 33 - Ice Fishing



**Upright Message:** If you're working to increase your self-awareness, keep going! You may be close to experiencing a breakthrough or "aha" moment!

Maybe something from your unconscious could be rising to the surface of your awareness, such as an old trauma, memory, or difficult emotion. If so, now could be a time where you have the opportunity to fully process it, or to get to the root of a longstanding problem that's been troubling you. Alternatively, perhaps you're able to access some form of inner strength, knowing, or intuitive ability that has laid dormant.

If the above doesn't apply, maybe you're breaking through someone else's cold exterior to understand how his or her mind works or what he or she is feeling. Or, someone could be breaking through your emotional barriers to warmth and intimacy. What's important with this card is that some form of breakthrough is occurring.

**Reversed Message:** You may feel apathetic about life or disinterested in increasing your self-awareness. This could be blocking you when it comes to finding solutions or coming up with new ideas.

Concerning your relationships, perhaps you or someone you care about has their guard up or is holding on to past pain. Whoever is afflicted might fear opening his or her heart. If this person is you, being willing to engage in loving self-examination could potentially help you face and heal what's deep within you, including what inhibits you from feeling others' love and warmth. You might even discover you have an untapped well of hidden strength that can be drawn on for support.

If your issue is one which you feel blocked when it comes to getting in touch with your intuition or deeper knowing, allow yourself to let go of the need to be perfect at it. If you can simply relax and trust the process, it might make things easier.

## 34 - *Dashing Through the Snow*



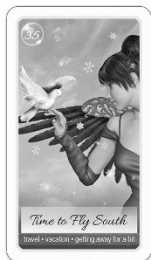
**Upright Message:** Just when you thought all was clear to go ahead with travel or other plans, bad weather or delaying circumstances became part of the forecast. However, try not to feel disheartened by these holdups. While you may have to wait a little longer to receive news or to see a goal completed, these are only minor delays, and you will soon have the opportunity to move forward with your plans. So be patient!

If part of what's causing a delay is either a lack of confidence or indecision concerning whether a venture is a worthy one, try not to allow these kinds of fears or worries to block you. All is likely to go well if you can trust yourself and commit to your current course without allowing anxiety or self-doubt to obstruct you.

**Reversed Message:** You could feel paralyzed with uncertainty or fear concerning the launch of a project. Or you could be holding yourself back from following your heart or taking a new direction. Perhaps you fear that insurmountable obstacles will arise to block you. Or maybe you've been pushing forward, only to find you're digging yourself out of one difficult situation after another.

If any of the above feels true, you could find yourself feeling discouraged. You may even feel tempted to give up rather than push forward. However, try not to lose hope in this fashion. It could simply be that you need to retreat for a while until the road ahead of you becomes clear or you feel more confident. Drawing this card in this position asks you to keep the faith, because anything blocking you is unlikely to be insurmountable and is only temporary..

## 35 - *Time to Fly South*



**Upright Message:** If you've been dealing with harsh or stressful bosses, coworkers, or work conditions, perhaps you'd benefit from taking time off from work to get away for a while, particularly if it involves migrating somewhere which you can enjoy a warmer, more hospitable climate. Or maybe you or someone you care about will soon be taking a work- or school-related trip out of town.

If your question involves a relationship, possibly you decide to go on a vacation with your lover, or you'll sleep over at his or her residence. If your situation is one where you or a love interest has left home after an argument and is seeking shelter somewhere else, it's likely this new situation will be temporary, not permanent.

For some who draw this card, your home could represent the warm place that another person(s) is migrating toward. This would be the case if you take in visitors from out of town or provide a place to stay for someone experiencing difficulties.

**Reversed Message:** Have you desired to migrate or travel to a warmer or more hospitable location but felt restricted from doing so? Maybe fear of leaving a job, relationship, or other situation, even temporarily, is blocking you.

If your question involves work, perhaps a business trip is cancelled, a job interview that required going out of town is delayed, or you're unable to take time off to go on vacation. With a relationship, perhaps a romantic trip or visit is cancelled, plans to separate are delayed, or someone returns home after being away. If you were expecting a visit from a friend or family member, it could be that plans fall through or are delayed for the time being.

Overall, it appears that whether you planned to travel somewhere or to take visitors in, you may experience blocks to bringing such plans to fruition.

## 36 - Pole Shift



**Upright Messages:** You may think you want something but could change your mind. Or perhaps an opportunity you thought would make you happy won't leave you feeling satisfied. Or maybe something better will present itself.

For some, flip-flopping could occur due to having to choose whether to play it safe or take a risk. If you find yourself wavering or second-guessing yourself, it's likely due to self-doubt, indecision, or mood swings.

At times, this card signifies you're about to experience an "aha moment" or shift in consciousness or belief. If this is the case, perhaps something you once considered right or wrong or true or untrue becomes the opposite. Or maybe an insight or idea you encounter could completely alter your perception of how life, the universe, or certain metaphysical or other principles operate. If it should take time for you to process a shift or change, be patient.

**Reversed Messages:** This card, in the reversed position, indicates that something in your life may be out of balance or leading you in the wrong direction. Perhaps a goal you've undertaken is throwing you or your life out of whack. Or maybe you're overly emotional, moody, or you're not seeing a situation clearly, having tricked yourself into believing wrong is right or a lie is a truth (or vice versa). You could be using fantasy or false perceptions to justify engaging in habits, relationships, or behaviors that you know on some level don't serve your best interests.

All of this said, you can still get your compass pointing true north again if you're willing to let go of self-deception and any false perceptions you're hanging onto—thereby allowing you to see with more clarity the truth and what's good for you.

## 37 - Resilience



**Upright Message:** You could feel pelted by various hardships in life or bombarded by others' coldness, negativity, or criticisms. Perhaps, despite all the harshness being thrown in your direction, you still manage to remain strong and continue to grow despite your experiences. If not, you may need to work on your ability to remain adaptable, flexible, and mature when dealing with harsh or difficult people or situations.

If you've been wondering when, or if, certain difficulties will ever end, drawing this card encourages you to remain hopeful. While things may seem difficult, and you may feel vulnerable or left out in the cold, you won't have to feel this way forever.

In the case an ordeal you've undergone has caused you to become overly defensive (making it difficult for you to access your warmer side), you'd likely benefit from committing yourself to spending more time doing things that warm your heart or bring joy to your life. Perhaps a warm bath and cup of hot tea is a good place to start.

**Reversed Message:** You may have recently gone through a period of hardship. Fortunately, the storm has subsided. You no longer have to feel as if you're constantly under attack, pelted by hardships, or assaulted by other forms of negativity. If you had previously felt hurt or betrayed, perhaps receiving an apology has helped to reduce the sting.

Whatever ordeal you've endured, it is likely that enough time has passed that you've reacquainted yourself with what it feels like to find warmth and joy in life—and also in your relationships. You may feel less like you need to hide away from the world. You might even feel stronger, more mature, and perhaps wiser due to your experience.



## 38 - *Feeling Numb*



**Upright Message:** You may have recently suffered a loss, trauma, or betrayal. If not this, you might've been confronted with a realization that was difficult to face. Accordingly, you could be experiencing symptoms of severe stress, numbness, shock, or emotional detachment. This could make it difficult for you to access your emotions, or you may have deliberately shut them down to commit yourself to work or other activities. If you've become slightly dissociated or unable to feel present in your body, you could be suffering from other symptoms such as dizziness, fatigue, or lack of focus. Through allowing yourself to feel more present in your body, and to grieve what feels lost in the present moment, you'll likely be better able to process what you've been through and heal.

**Reversed Message:** If you've been wondering if a period of trials, pain, or suffering will ever end, you're encouraged to remain hopeful that warmer days are coming and the worst is behind you. A recovery process has started. Perhaps you decided to see a counselor or healer for support and assistance. Or possibly enough time has passed that your wounds are beginning to heal or you've found a way to rise above them. Whatever the case, you may feel more ready to tend to commitments and obligations that, for a time, needed to take a back seat to your need to process your sorrow.

On another level, drawing this card is a reminder that life must go on after a heartache, shock, or disappointment. You can only withdraw from the world and seek shelter in isolation or depression for so long before you must emerge from your hiding place and rejoin the world.

Keep moving forward! While you may not have fully recovered, at least the recovery process has started.

## 39 - *Frozen in Time*



**Upright Message:** Some part of your life may have become frozen or unmoving. Maybe you're clinging to a past relationship that doesn't exist anymore. Or you could be repressing past emotions or memories, keeping them alive in some form so that they continue to affect your current life and relationships. Or maybe a particular fear has left you frozen or paralyzed, unable to make an important change or decision. This could be a fear of abandonment, the unknown, of making a mistake, or another form of fear you've given your power to. If none of this applies, ask yourself whether you're procrastinating too much, being a couch potato, or clinging to a false persona that blocks you from truly being yourself.

Whatever your case, drawing this card counsels you that through remaining stuck and frozen in ways that no longer serve you, you could be missing an important opportunity. If so, it might be time to light a fire under yourself to get you moving! Allow whatever's kept you frozen to melt away, so forward movement can occur more easily.

**Reversed Message:** It may feel as if you've been given a clean slate or a chance to start afresh. With a relationship, perhaps you or someone you love has decided to let the past be the past—to either start afresh with a current lover or to make a clean break to find someone new. With work or a career matter, you could find yourself yearning for change or to branch off and try something different. You may even feel the urge to pursue something you've always dreamed of doing but had held yourself back. Or it could be that you start fresh with an old project that you had procrastinated with, or which was stuck in a certain phase of development. With your personal growth, you could be making an

effort to let go of clinging to the past, old grudges, false hopes, or childhood traumas. This type of release may free you to live more fully in the present moment.

## 40 - The Ice Thaws



**Upright Message:** A cycle of loss, difficulty, or period of mourning could be ending. Perhaps, you are about to make a transition, crossing a bridge to something new and better.

This kind of transition is less likely one that will allow you to move backward into old, comfortable patterns, relationships, and circumstances. Instead, it's more likely that you'll be required to let the past go to move forward.

If you've been looking for a new place to live or work, or a new relationship, positive new opportunities or developments could be about to present themselves. Or if you recently suffered a loss, expect that a season of pain or heartache is about to subside. This card can also indicate that tensions ease so you no longer need to feel cold, defensive, or guarded. Perhaps a legal battle ends, a dramatic relationship is finally over, or tensions with others ease in a way that allows you to look forward to enjoying more peace in your life.

**Reversed Message:** You may have difficulty believing in your ability to create something new and magical in your life. You either fear you won't be able to change in the ways you truly desire or you won't be up for the challenge. Perhaps you've contemplated change (or begun the process) only to feel overwhelmed, wishing you could simply retreat or fall back into something old and familiar. Whatever your case, you're encouraged to keep your energy moving forward. Try to avoid letting your fear of crossing a bridge to something new and different get the better of you.

## 41 - Pleasant Distraction



**Upright Message:** Someone or something wonderful may have captured your attention or has you distracted! This may make it difficult to concentrate on more serious matters or obligations. However, this doesn't have to be a bad thing. This is especially true if you've recently felt stressed, anxious, overworked, or you've lost touch with what gives you joy or pleasure.

Maybe you feel especially creative or you've picked up a new hobby. Perhaps allowing yourself to express your creativity in this way could help you to get in touch with an inner part of you. Try not to feel guilty or lazy for indulging in this kind of escape. It's time well spent if it's helping you to live more fully in the present moment. For now, the real world and its responsibilities can wait.

**Reversed Message:** While a little distraction can be a good thing, a lot isn't always healthy. Hopefully, you aren't spending so much time engaged in social media or other pastimes that you've forgotten to pay the bills or to take care of important obligations. If you find it applies, you're urged to pull yourself out of being overly distracted so you can focus on what should be made a priority. Otherwise, you could miss important opportunities or deadlines.

At times, this card in this position can warn you to be careful not to become swept up by a pied piper or someone whose siren song has caught you in its spell. Someone who is charismatic might know all the right words to seduce you. Or they might offer theories or ideas meant to distract you from the truth, or to dissuade you from making important changes in your life. While the fantasy they offer may be attractive and engaging, it's not a replacement for living, fully present, within the real world.

## 42 - Going Off-Grid



**Upright Message:** Drawing this card counsels you to unplug from the world for a while. This could include spending time away from your computer, social media pages, or cell phone

With a romantic or other type of relationship, perhaps you've made yourself too available, have been sitting by the phone waiting for a call, or someone is getting on your nerves. If so, you might benefit from disappearing for a while to somewhere you won't be easily accessible or bothered. Or maybe when it comes to work, you need to put in for more vacation time, take a day off, or make sure you aren't bringing your work home with you at night.

Getting away from technology for a while might even benefit your health. This is especially true if you're sensitive to electromagnetic or other frequencies emitted from technological devices.

**Reversed Message:** With a romantic relationship, you may feel you need more space, but your love interest won't comply. Or perhaps you desire a separation, but financial or other circumstances make it untimely. If your question pertains to work, you might wish you could quit your job or live a simpler life, but the need to financially support yourself or your family makes it feel impossible. Concerning health matters, this card can point to the negative effects of over-exposures to artificial, electromagnetic, and radio frequencies.

This card in this position can also indicate issues with the power grid (such as in the case of a black out), or the downside of reliance on the internet or technology, including issues with hacking, cyberbullying, and internet addictions. Try to unplug from any technological or other dependencies or difficulties as much as you can. Doing so will help you to develop a connection to a more beneficial source of power that lies within.

## 43 - Higher Learning



**Upright Message:** The answer to a problem or question could lie with becoming more educated. In matters of love, this could mean increasing your understanding of a relationship's dynamics or of your own or a love interest's habits or patterns. Or perhaps you and a lover move to a new stage in your relationship where you get to know each other better.

Concerning work or career matters, you could be taking a course, learning a new trade, or undertaking an apprenticeship to improve your position. If seeking work opportunities, try searching for them in newspapers, job postings, or internet resources. Be eager to learn what opportunities are out there and what you qualify for. Alternatively, maybe you'll be doing research, writing, teaching, or using the internet to communicate your ideas or to become more informed.

**Reversed Message:** You could be suffering from information overload, or trying to deal with conflicting ideas or messages. It might be hard to sort out what is true from what is misleading, distracting, or improperly understood. This could even take the form of being confused by someone's mixed messages or double talk.

If you're contemplating taking a course of study, you may want to consider if it's the right timing, would be too much to take on, or whether the course material would be presented in a comprehensible and organized manner so that it can be clearly understood. If you're planning to teach a course of study or disseminate information, make sure you can present it coherently. Also, if you're currently

following or researching a certain topic on the internet, you may want to make sure the information you obtain is reliable.

With whatever question you've asked, you'll likely benefit from making sure ideas you express—or are giving heed to—are well thought out, communicated clearly, or properly grasped.

## 44 - *No Place Like Home*



**Upright Message:** Your house, home, or family is currently (or will soon be) the focus of your attention. This card can indicate there are home improvements to be made (or to be considered). This could be either to the structure of the home (through considering a move or renovation) or through adding to your family. Or maybe the subject of living together comes up with a loved one. If not this, you might be planning to have guests sleep over or stay a while.

With work matters, possibly you work from home for the day or take a day off to focus on your home or family. If you're considering starting a home-based business or accepting a job opportunity close to home, this card could be offering a green light. However, if you need to decide whether to take a trip or visit others, the appearance of this card is likely encouraging you to stay put.

If your question involves your health or spiritual growth, you could be doing internal work on yourself, learning to feel at home in your own skin, or taking good care of your body (since you have to live in it). Any planned surgery is likely to be a success.

**Reversed Message:** Your home may not be a happy place right now. Perhaps, the atmosphere within the home is tense, or you're having problems with a neighbor. Or maybe plans to have guests visit, extend your family, or move in with someone don't materialize as hoped (or there are delays). If the issue involves the physical home itself, it could be that it's in need of repairs, or maybe plans to renovate get put on hold due to lack of funds or another reason. If your question relates to work, you could experience difficulty when it comes to working from home or finding a job close to home. If you're looking to move, make sure the place you move to is in a good neighborhood and there are no hidden issues. This card can also indicate you're spending too much time at home, to the point you're avoiding life or becoming a recluse!

## 45 - *The High Road*



**Upright Message:** You're encouraged to take the high road with a situation or relationship right now. If you're embroiled in arguments or legal matters, try not to sink to another person's level, even if they provoke you. If you can maintain a sense of fairness, integrity, and ethics, it'll be worth it.

For some, this card could be indicating to pursue a leadership position where you can serve as a role model to others. Or maybe the spotlight shines on you in connection with your hard work or charitable aspirations. If not this, consider whether following the rules could pay off with a boss, improve your reputation, or help you avoid potential liabilities. In relationships, fidelity and honoring your promises will go a long way when it comes to building security and trust.

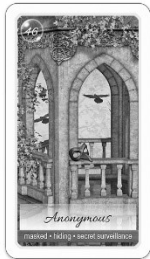
With health and spiritual matters, try not to cheat on a diet or routine, find healthy ways to deal with stress and negative emotions, and aim to be socially responsible.

**Reversed Message:** Make sure you're not living so much in the moment that you don't care about the road you're taking, where it's leading, or whether you could experience a collision which

another person could get hurt. Sometimes, this card (in this position) can even indicate drinking and driving. More often, it indicates not following the rules, taking too many risks or shortcuts, or the inability to lead by example. Hopefully, you won't have to suffer any consequences, such as the loss of respect of others who may have had you on a pedestal.

If you're involved in a legal conflict or argument, try to resolve issues fairly. If your question involves a relationship, if you don't intend for the relationship to go anywhere (or it can't due to other commitments), this card urges you to free someone instead of keeping him or her around for your own amusement. You can correct any adverse energy of this card through demonstrating fairness, fidelity, and that you're willing to do the right thing for its own sake.

## 46 - Anonymous



**Upright Message:** Are you hiding from others, wearing a mask, or avoiding the spotlight? If so, perhaps you hide this way due to a desire to remain humble. Or you could fear confrontation, rejection, or what others think of you. You may want to consider how well this approach is working for you and whether you're willing to take the risk to expose more of who you truly are—so that you can live a life that is more authentic.

If the person who's hiding their identity isn't you, you might have a secret admirer. Alternatively, someone around you might not be revealing his or her true identity or feelings. If they're the type to play games, they could either be pretending they don't care when they really do or pretending they do care when they don't. At times, drawing this card can signify that you or another is playing private detective or snooping around on social media pages anonymously, either due to a crush or to gain useful information.

**Reversed Message:** Someone around you who's been wearing a mask, surveilling you in secret, or maintaining anonymity may come out of hiding. This could either be voluntarily or through being exposed. Perhaps hidden feelings are revealed or someone's true character. Hopefully, you or someone you've put your faith in won't be exposed for pretending to be someone he or she wasn't. For example, if you beefed up your resume through claiming to have skills, qualities, or abilities that you didn't really possess, you might want to be prepared in case you're called upon to explain or prove yourself.

On the other hand, if you've been avoiding the spotlight, afraid of public speaking, or hiding behind an avatar or pen name, perhaps this card signifies you'll decide to take a risk and face your fears of being recognized. Or you could simply be getting out more and being less of a homebody.

## 47 - Good Vibration



**Upright Message:** You could feel in sync with others, or a relationship could be especially harmonious right now. Or if you're looking for a job, you might soon find something that would be the perfect fit, or a project you're working on will flow smoothly or resonate with you deeply. In matters of spiritual growth, you could be feeling a lot of harmony, synchronicity, or that the positive energy you're putting out is attracting good things back to you. You could feel particularly abundant, grateful, tuned in to the universe, or able to live more fully within the present moment.

With health matters, engaging in dance, exercise, or other endeavors that focus on rhythm, movement, or uplifting your spirits might prove beneficial.

**Reversed Message:** If you're going through difficult times, know that anything that's out of balance can be brought into harmony through learning to go with the flow. Perhaps you've too much

on your plate, you've been pushing too hard, or the symphony that's your life has become a cacophony of noise, drama, or distractions. If so, you might want to slow down the pace, let go of force, and learn to go with the flow a little more.

If your question involves your health or spiritual growth, make sure you're spending ample time outside, connecting with the heartbeat of the earth and Nature's *Schumann Resonance*<sup>12</sup>. This resonance is neither too high nor too low and is balanced for optimum health and well-being. Or perhaps doing something uplifting or rhythmic, such as dance or exercise, could help bring you more fully into the present moment.

If you can get in-tune with a more inspirational and resonant flow, it is likely that circumstances in your life will improve.

## 48 - Keeping Secrets



**Upright Message:** Some things may be better left unsaid. In this theme, you're urged to keep a secret, to keep a confidence, or to keep information to yourself.

If your question involves letting someone know how you feel, the advice is to keep your feelings secret for now. It could be that expressing something sensitive with the wrong person (or at the wrong time) could lead to awkwardness or an indiscretion. If not this, consider whether you're sharing too much information, being overly critical, or someone you associate with is a gossip who can't be trusted.

If your question involves a work matter, you're advised to keep your personal baggage at home and your ideas to yourself (until you've fully developed them).

Overall, use your discretion with whatever information you choose to share with others. Especially avoid doing or saying anything that could sabotage your own or another's reputation or which could become a source of gossip.

**Reversed Message:** Is it possible that someone's being kept in the dark or isn't being given all the facts? Sadly, if this "someone" is you, you could be oblivious to what's going on. Maybe you're trusting someone who shouldn't be trusted, or you're falling for a lie. If so, you could be in for a shock when the truth comes out, if it ever does. Or perhaps you won't be able to learn the truth, unless you're willing to do your own research in place of believing everything you're told.

If you're the person who's being deceptive or withholding a truth, try to right the energy so you're not forcing someone else to live with a lie. Not choosing to do so could potentially have consequences, either through being exposed, hurting others, or delaying your own growth. Through keeping others in the dark, you only serve to be kept in the dark yourself—when it comes to what would best serve your own spiritual evolution and enlightenment.

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<sup>12</sup> The earth's natural frequency or *Schumann Resonance* is 7.83 Hz (subject to minor variances). Neither too high nor low, it is optimum to keeping life in balance.

## 49 - Withdrawal Symptoms



**Upright Message:** Letting go of something where there's felt a dependency isn't always easy. This is true whether what you've become dependent upon involves alcohol, drugs, food, technology, a relationship, or something else addictive. Whether you're the person who's chosen to quit an addiction or the choice was made for you, you could end up experiencing temporary symptoms of withdrawal (which could include cravings, yearnings, disrupted sleep, anxiety, or other physical or emotional symptoms).

Fortunately for you, if you can move through these symptoms, giving your body and mind the time to process what feels lost, they should eventually subside. The temptation, however, may be to return to what you were dependent upon, or what is familiar, as a way to ease your discomfort. Try not to fall off the wagon this way. If you can keep moving forward, and through your symptoms of withdrawal, you'll later feel glad you made the effort.

**Reversed Message:** Have you relapsed into an old habit or given into a past temptation that was better off left in the past? Perhaps you hoped that if you returned to something addictive (such as a person, situation, relationship, pattern, or substance), it would ease your heartache, craving, loss, or feelings of withdrawal. However, instead of solving your problems, it may have left you with a different set of difficulties, emotions, or discomfort to contend with.

If you can recommit to getting your life back on a constructive path again, and allow yourself to experience discomfort (as opposed to running away from it), you have the chance to move through it to reach a place of relief. In the end, you can always choose to remain addicted. However, you'd risk the loss of a part of your self that would remain trapped in something unhealthy and blocked from thriving.

## 50 - Cleansing



**Upright Message:** Something toxic or negative could be exiting your life, allowing something purer or more natural to flow in. Perhaps you're letting go of an unhealthy relationship, job, or habit. Or maybe you've decided to clean up your diet, live more purely, or align with higher values. If not this, you could be receiving some form of healing, therapy, or energy work that's helping you to release emotional or energetic impurities or blockages. As you make these kinds of shifts, you may need time to process them.

If you should draw this card while feeling clogged up or congested (either physically or within some other aspect of your life), you might want to take an inventory of what you'd benefit from letting go of. Also make sure you get enough rest and water. Water has a natural purifying quality that can help you flush out the old while serving to rehydrate and replenish you.

**Reversed Message:** You may have become locked into a pattern of clinging or attachment. Perhaps you've become a hoarder of material possessions, concepts, relationships, or labels. Or maybe you've been over-indulging in junk foods, emotions, or addictive substances that you find difficult to give up. In some way, your life may feel clogged, constipated, or cluttered.

To reverse the energy, you may need to simplify your life a little. Be willing to let go of what is superfluous, superficial, or artificial to embrace something more natural and pure. Through what you're willing to release, you've the opportunity to gain something more valuable: purity, contentment, and a greater feeling of well-being.

## 51 - Tea of Transformation



**Upright Message:** If you've embarked on a course of healing, keep going! It's likely to prove beneficial. This card can also indicate the healing effects of medicines, herbs, flower essences, or naturopathic treatments.

If your issue doesn't involve physical healing, it could be that you're going through a healing of your mind, emotions, habits, a relationship, a work situation, or something else that you hope to witness improvement. Perhaps, part of the process involves allowing yourself to access deeper or hidden aspects of yourself. Going within yourself in this way may help you to decipher what needs to be released that blocks you from feeling a sense of well-being or fulfillment.

**Reversed Message:** It may be difficult to manifest the healing or feeling of upliftment that you seek at this time. You could be experiencing some form of blockage or resistance. Perhaps it is hard for you to believe you deserve good things in life, to trust that healing is possible, or to look deeper within yourself, with accuracy, to decipher the cause or the true source of a problem. Or maybe you're attempting to mend or repair something that's out of your control, such as another person, or what he or she is thinking or feeling.

For some, expecting results too soon or being hypersensitive to the healing process could be an issue. Perhaps the uncomfortable symptoms of a shift or detoxification process create fear or worry that a situation is getting worse, as opposed to better.

If none of the above applies, there could be issues with herbs, supplements, or other healing substances. Perhaps you're experiencing uncomfortable side effects, are taking too much or too little of something medicinal<sup>13</sup>, or you're deficient in some way (such as with a nutrient). If so, you may benefit from visiting a medical professional, dietician, or naturopath.

## 52 - The Sky Bridge



**Upright Message:** Your intuition and psychic ability may be especially high at this time. You may find yourself able to easily cross over into other states of perception, consciousness, or reality. Perhaps you even possess the ability to connect with guides, angels, or departed loved ones to obtain their wisdom and guidance. If there's a problem you need to solve or an important decision to make, you might want to pay close attention to hunches, gut feelings, dreams, psychic impressions, or any other type of insight that's coming through. Alternatively, you'll benefit from heeding the sage advice of a psychic, counselor, friend, or someone else who can use his or her intuition to shed light on your situation.

With this in mind, if you're receiving the same message from different sources, pay extra attention! And, whatever question you've asked, be open to receiving intuitive guidance.

**Reversed Message:** This card reversed urges you to be careful not to mistake wishful thinking for genuine intuitive insight. There's also the possibility that what appears to be wisdom coming from a higher source may, instead, be misleading information that originates from your ego or another source. Similarly, perhaps a dream you had while sleeping was merely a dream, or the signs you think are coming your way may not mean what you think. If seeking the insight from a psychic, counselor,

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<sup>13</sup> Never stop taking medicine or alter your dosage without speaking with a physician.



or friend, it may not be entirely reliable or may have become distorted through being filtered through your ego.

Blocks to genuine intuition tend to happen when there is too much attachment to an outcome or desire. Unless you can achieve detachment, you might be better off sticking with what is right before your eyes and common sense, as opposed to putting your trust in feelings or impressions.

Whatever your situation, if the intuitive insights you receive now are trapping you in a dream world that's more dream than reality, it might be time to wake up!

## 53 - Breathing Room



**Upright Message:** If your question involves a relationship, this card can indicate that you or a love interest may feel supported or given the space, time, or breathing room they need to feel free. If the relationship is romantic, perhaps it has a casual, non-possessive, or easy-going energy.

Similarly, if your question involves a work situation, it could be that a boss or colleague supports your need to do your own thing in your own way. With your finances, perhaps you're about to be approved for a loan, or the buffer or windfall you need to feel a sense of financial freedom materializes.

If your question involves your health and spiritual growth, consider dedicating time to breathwork or a form of mindfulness meditation that focuses on your breathing.

**Reversed Message:** You or someone you're involved with may need more room to breathe or feels smothered. Perhaps one of you simply needs to be allowed the space to do his or her own thing without feeling his or her every move is being monitored. If this is an ongoing rather than a temporary issue, it could indicate there are deeper problems within a relationship, such as jealousy, codependency, or control issues.

If you're the one who's smothering another, perhaps it's time to get a hobby or to become more independent or self-sufficient. Hovering over another person and needing too much of their time or reassurance could push them away or make you appear bossy.

If your issue involves money, you could be feeling a lack of financial ease. Perhaps a loan doesn't come through as you'd hoped, or you're living day by day, unsure from one month to the next if you'll have enough to pay the rent. If so, it might be time to get your situation under control or to find ways to live within your means.

## 54 - Spiritual Alignment



**Upright Message:** Your soul may feel divinely inspired, compelling you to align with higher values. Perhaps you've been weighing a difficult decision and something deep within you is calling you to do what feels right as opposed to what's convenient or desired. Trust that feeling, because it's divinely motivated and will keep you adhered to a path that's "higher."

If you've already let go of a relationship, job, or goal because it was giving you an uneasy feeling or didn't really reflect the values and beliefs you're aligned with, you're encouraged to trust you made the right decision. Keep moving forward in this direction, as it will support your soul's enlightenment and evolution.

**Reversed Message:** Pay attention to the kinds of alignments you're making and what you're serving, even in an off-handed or passive way. For example, what companies are you unconsciously supporting through your spending? What are their ideals, and do they match your own?

In the same vein, what types of relationships do you align with, or what norms, attitudes, or forms of treatment do you enable or accept? Does what you serve or align with represent your higher ideals, values, and the energy you want to radiate into the world? Or does it pull you backward into giving your power, money, energy, or time to something that operates from a less virtuous place?

If something doesn't feel right or appears to be asking you to compromise your values, you may want to rethink your alignment with it. The energy of this card isn't always easy to deal with. It asks you to be totally honest with yourself and take accountability for your alignments and what's manifesting from them—not just in terms of what affects your own personal level of experience but what impacts the greater world and your environment.

## *55 - Processing Energies*



**Upright Message:** An important change or shift may have recently occurred in your life that may take time to integrate or become settled. If this change involves a move, finding a job, or signing a contract, it may take time for details to be sorted out, the paperwork to be completed, or to acclimate yourself.

If you're asking about a relationship, perhaps a recent change in its status (either positive or negative) will take time to process. If the change involved a loss, you might need time to process your emotions. On a positive note, even if you should feel pain now, you're likely to look back on the loss later as something needed or beneficial to your growth.

If none of the above applies, perhaps some form of healing has occurred through which, emotionally or energetically, you must go through an adjustment period. Whatever your case, try not to be anxious during this time of transition. Be patient. What seems unsettled will eventually work itself out.

**Reversed Message:** With drawing this card, an opportunity for healing, change, or growth may have been rejected, did not take hold, or was not fully processed. Perhaps you couldn't break through your internal resistance to bringing change about. Or maybe you effected change, only to relapse into old ways or patterns that no longer serve your well-being or growth.

Even if the above should be the case, this needn't be viewed as negative. It may simply mean you weren't fully ready to experience something different. This type of phenomenon is most likely to occur if you try to force change when it isn't the right time or you aren't in the right place emotionally. If this applies to you, you're asked to trust that when you're fully ready, change will happen in a way that's permanent. Until then, forgive yourself, be patient, and accept where you are in the present moment.

## 56 - 11:11



**Upright Message:** It's the eleventh hour!<sup>14</sup> If you've drawn this card, it could be calling you to wake up so you don't miss an important opportunity, appointment, or call(ing). For instance, if you've been considering an opportunity, a new career, or have received signs that it's time to act on an important matter, you're urged not to be idle. Take action—now! This isn't the time to wait for an opportunity to come to you. Accordingly, when you receive this card, there may be the need to hurry with something, make a difference, or wake up enough to come to an important realization.

For some, drawing this card can signify angelic forces are calling you to commit to a more spiritual form of service. Perhaps an idea, relationship, or project you have in mind serves this cause. If it doesn't, don't be idle. Make your service to something higher your most important form of service.

**Reversed Message:** You could feel as if life is moving too fast or that you have too much to do and too little time. Conversely, you could have too much time on your hands or aren't making the most of an opportunity or call(ing). You could be choosing, instead, to hit the snooze button! For some, possibly you've felt like you've a higher spiritual calling, but you're not sure what it is or how to make it transpire.

In some instances, drawing this card can indicate you might be misreading signs or signals. If you feel confused whether a sign should be taken at face value or interpreted in a different manner, first ask yourself if the meaning you're giving it is something that truly benefits you. If it only serves to disempower or block you from moving forward in life, then this may be a sign of its own.

## 57 - Caught in Her Web



**Upright Message:** Someone in your life could be weaving a web of deception, intrigue, or drama. For instance, perhaps an evil queen has put you under a sleeping curse that it's hard for you to wake from. Thus, you remain unawakened to your potential. Or maybe someone you've mistaken for Prince Charming is using gaslighting techniques to cause you to doubt yourself or to accept a lie as the truth. Alternatively, a helpless maiden may have taken you on as her savior (or person to blame) because she doesn't know how to emotionally take care of herself.

Whatever your situation, if you find yourself feeling drained or even crazy, it might not be about you but something about a person you're involved with that's making you feel this way. If you can detach from the web that's been woven around you and stay focused on who you are, you can potentially avoid becoming drained or manipulated.

**Reversed Message:** Luckily, you were gifted with enough intelligence and foresight that you can potentially avoid getting caught up in someone else's attempts to manipulate you using lies, flattery, or drama. If you follow the red flags that are making themselves clear, they'll help you uncover the truth, which could be that all may not be what it seems. Hopefully, you've already learned the lesson that you don't need to be a servant to another or put up with abuse, lies, or other bad behavior to be loved or to find your place in the world. Likewise, you're not responsible for others' dramas, or any

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<sup>14</sup> In the Book of Matthew, *the eleventh hour* is the last opportunity to receive a call to be of service in God's vineyard. Once midnight comes, the opportunity expires (Matthew 20: 1-16, KJV). As Matthew 20:16 informs, "For many be called, but few chosen."

refusal on their part to take care of themselves. If you haven't learned these lessons yet, it's likely you'll soon be learning them!

With this card reversed, it may be a good time to break free from a toxic relationship or situation that will only leave you feeling compromised. You can choose, if you want, to remain trapped or a victim, but you will be making that choice with open eyes.

## 58 - Safe in Your Bubble



**Upright Message:** You may feel safe, protected, or sheltered within your own little bubble. Perhaps you've withdrawn from the world, or you're being less socially active. And while you don't want to stay in this type of cocoon indefinitely, you could find that you need it temporarily to shield yourself from others' negativity or help you heal or process something that takes time. Perhaps you simply need space away from others to catch up on sleep, grieve a recent loss, gain a new perspective, or give birth to something new, such as a new idea or project.

At times, the appearance of this card signifies to use psychic protection, or to work to strengthen your psychic and emotional boundaries, so that you can protect your energy and help keep it contained.

**Reversed Message:** You may feel extra-sensitive to the negativity in the world or others' negative projections. You may even feel under attack on some level. Hopefully, you haven't taken to hiding away in your own little bubble as a way to avoid life or to protect yourself from a world or others that you find too difficult to face or stand up to. If so, you could be closing yourself off to love or other positive experiences. At times, this card in this position can indicate issues with social phobia, agoraphobia, environmental illness, fear of never being clean enough, or fears of curses, spells, or other spiritual influences.

If you can center yourself, release what isn't yours, and set appropriate boundaries, you can potentially find a way to open yourself up to life and the world without feeling the need to be overly self-protective or defensive. While the idea of venturing outside of a safe bubble may feel overwhelming, you're encouraged to be brave and face your fears. You've hidden yourself away for long enough. It's time to find the courage to rejoin the world!

## 59 - Unretrieved Soul



**Upright Message:** You may have become disconnected from your body. This could be due to fear, shock, or trauma. Or you could either be avoiding your emotions or have become too focused in the mind, engaged in fantasy or overanalysis.

With a relationship, be careful that you're not co-dependently giving part of your soul away to another person, looking to that person or relationship to define you. If you've become obsessive, it could indicate that part of your soul has become lost, or it's floating around another person's energy field, trying to feel for what that person may be feeling or thinking. If so, you may need to consciously pull yourself back and develop stronger boundaries.

If you feel ungrounded due to spiritual practices or psychic work, you may benefit from grounding yourself on a regular basis.<sup>15</sup> Whatever your case, if you can practice centering yourself in

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<sup>15</sup> The practice of *grounding* involves being present in the body and in touch with one's emotions. It focuses on the real world and what is tangible.

your body, feeling what it's like to be fully in it (including feeling your emotions), you have the potential to turn things around and return to wholeness.

**Reversed Message:** You might feel like you're coming back to reality or earth again after a period of feeling out of touch or ungrounded. Perhaps you're starting to feel like yourself again after a shock or trauma. Or maybe you're finding ways to regain lost parts of your soul after having co-dependently given them away to another person or relationship(s). If your issue is you've been running away from difficult feelings or a reality you've been afraid of facing, it's possible you're finally ready to confront what you've run from head on. While the act of coming down to earth again could potentially cause uncomfortable feelings to arise, it will empower you more than leaving your body or reality ever could.

## 60 - Put a Spell on You



**Upright Message:** A job, person, or idea may have you feeling swept off your feet or under a spell! You could feel captivated, won over, or that you are winning over others!

Perhaps you feel charmed or seduced by someone who makes you feel attractive, sexy, or special. Or maybe this card could be calling you to use your charm to win over a lover (or a boss, colleague, or backer). If you're launching a project or idea, it might pay to invest in advertising or an engaging means of getting the word out. Or if you're a believer in the Law of Attraction, it may help to apply its principles to effect a desired change in your life. Whatever your case, using the right kind of charm or magic may help you with a situation or an important goal.

**Reversed Message:** Tread carefully! Someone who has their eye on you may seek to win you over using superficial charm or persuasion. This person could be unconsciously manipulative, or he or she could be a con artist, player, or someone who wants you to give away your power or personal information. Make sure not to give anything away, including your heart, without further investigation or taking time to get to know someone better.

With work matters, avoid allowing a boss or colleague to take advantage or manipulate you into accepting less than you deserve. Seek the support of reputable backers, advertisers, or others who have your best interests at heart and won't simply take your money without producing results.

If you're the person who is using manipulative or deceptive tactics to get what you want, know that if you can place your focus on spirit or seek the help of the Divine, you may find ways to create success and fulfillment without resorting to such tactics.

## 61 - Feng Shui Butterfly



**Upright Message:** Some part of your physical or emotional life may be going through a renovation. Maybe you're clearing out the old to make way for something new and better. If so, you could be getting rid of what creates clutter in your life, as well as any old baggage, relationships, jobs, or patterns of behavior that no longer serve your best interests. Possibly you're even considering a change in residence or a renovation of your living space. Or this card could indicate you need to pay attention to how energy flows and how to keep it flowing in an unobstructed way. Perhaps if you can learn about feng shui and apply some of its principles, it might even help you attract more love, health, or abundance.

**Reversed Message:** Are you clinging to relationships, jobs, emotional baggage, or possessions that no longer serve you? If so, this behavior could be blocking you from needed change or from attracting something new! For some who draw this card, you could be surfing the couch too much, waiting for change to come to you, rather than using your will or determination to bring it about. This could leave your energy stuck or stifled. If this sounds true, maybe an exercise program could be in order to help you get your energy moving. If not this, making changes to your home or moving furniture around might do the trick!

For some, this card could indicate that there's a desire to initiate change, but certain constraints (such as with having the time, money, or resources) may appear to block you from proceeding. However, nothing is stopping you from doing the repairs or renovations that you can do yourself, such as working on clearing away clutter or releasing what isn't necessary to your life anymore. Perhaps you can even apply a little feng shui to clear away what might be blocking energy from flowing in an unobstructed way. Whatever is hindering you from creating change, you can break through it if you're willing to take action and be creative!

## 62 - *Meeting Your Twin*



**Upright Message:** If your question involves a relationship, you could be looking for (or have found) someone who is your ideal match, who gets you, or who shares your vision, ideals, or traits. Any conflicts you may experience may be based on what this person has to show you about yourself.

In matters pertaining to work, you could find the ideal job or begin a project that seems the perfect fit for you or allows you to express your best qualities. Or you could be looking up to a boss or co-worker, or maybe they're looking up to you, because there is a positive mirroring process going on.

Whatever your situation, through relating to a person, project, or situation that acts as a mirror, personal growth and healing can occur.

**Reversed Message:** If you're experiencing difficulties when it comes to dealing with a particular person, job, or situation, it could be that that person, job, or situation mirrors or highlights the qualities that you don't like nor accept in yourself. Perhaps the commonalities that are accentuated, rather than the differences, could trigger irritations, arguments, or make a job or relationship seem like a poor fit. Even relationships where there is too much positive in common can feel uncomfortable, competitive, or unstimulating.

If you're experiencing irritation with someone you share a relationship with, try to avoid engaging in blame, projection, or criticism, hoping that it will trigger the other person to perceive himself or herself in the same negative light you view them. Instead of being critical or attempting to correct others, turn your attention within—with love, forgiveness, and compassion. If you can become accepting of who you are and your own imperfections, the less likely you'll feel triggered by the imperfections in others.

## 63 - Seer of Souls



**Upright Message:** This card calls you to use your empathy and insight to understand what someone close to you is thinking or feeling, or the psychological dynamics influencing a relationship. Or perhaps, you can offer someone a shoulder to lean on if they need it.

On the work front, if you can get into the head of a person (or people) you seek to impress, it could help you with your job, an interview, marketing efforts, or attracting the right backers or followers.

If your question involves your spiritual growth, this card encourages you to use your telepathy, empathic sensitivity, or emotional intelligence toward a higher purpose, such as to cultivate a greater understanding of the world and the life forms that inhabit it.

**Reversed Message:** You may want to be sensitive or intuitive to what someone close is thinking or feeling, but your ego could be getting in the way. This could cause you to misinterpret a situation or what someone else truly feels.

If the above doesn't apply, consider whether a tendency to be overly attuned or sensitive to what others are thinking or feeling has led to codependency issues or problems with setting boundaries. If you should find yourself feeling overloaded due to dealing with others' projections, emotions, or problems, you could be taking too much on. If so, you may benefit from finding ways to pull your energy back from focusing on others so you can focus on your own emotions and what your triggers are.

The more you can excel with this ability, the more you'll be able to face and process any painful feelings or fears you have of being rejected, disapproved of, or unable to control how others think or feel. You can still be a sensitive, insightful, and empathic person if you follow this advice. However, your sensitivity won't need to overwhelm or drain you. With increased self-awareness, you can become more skilled at using your empathic ability productively.

## 64 - Akashic Records



**Upright Message:** In some way, you could be accessing the Akashic Records, either unconsciously or on purpose, such as through using your intuitive abilities. This could put you in touch with your higher purpose, deeper knowing, ancestral wisdom, or memories from past lives. Perhaps some of this wisdom is coming through your dreams. Or maybe it's surfacing through your writing, drawing, compositions, or other projects you're working on. Something in your situation is allowing you to tap into this kind of higher wisdom, so pay attention!

For some, the appearance of this card could be asking you to look past the superficial within your situation to uncover deeper wisdom or truths. Perhaps you'll even feel motivated to learn more about history, mysticism, antediluvian civilizations, or ancient healing practices. At times, this card can even indicate to study the words and works of ancient spiritual masters or prophets.

**Reversed Message:** You might feel blocked when it comes to delving more deeply beneath the surface of an issue or relationship to decipher the underlying dynamics that are at work or having an influence. If a relationship or issue is a difficult one, perhaps you're having a hard time understanding its deeper purpose or the lesson you're meant to learn. As a result, you could be asking, Why me?

If not this, perhaps you're finding it difficult to access your intuition or deeper wisdom. You might feel blocked or unable to see past your superficial reality or the stresses, romances, or stories

you feel swept up in. Or perhaps you're taking the words of gurus, the media, or other sources of information as the truth, without doing your own research (such as looking into history, ancestry, genetics, or ancient texts or scriptures).

If any of this resonates with you, being open to looking past the surface of your question (or an issue) may help you uncover deeper wisdom or truths.

## 65 - *The Karmic Scales*



**Upright Message:** In some way, the universe could be rendering a just verdict. This could be through a court of law or a guilty party being held accountable for his or her misdeeds or damaging choices. If you've acted fairly and with integrity, you've no reason to worry. If not, there could be consequences or a lesson to be learned.

Alternatively, consider whether something unresolved from your past or a past life is resurfacing in the present for you to learn a higher lesson. Perhaps your soul incarnated with a purpose to repay a karmic debt (or to be repaid by another), or you may have lesson-oriented karmic contracts to work through. If you are the one who needs to repay a debt, you could feel presented with a difficult challenge to overcome for the sake of your soul's development.

Try viewing your circumstances in a positive light in which you're being given an opportunity to make a change that is important for your soul's growth.

Whether justice is being served in your favor or you're being presented with a lesson or consequence, trust that your soul's journey is one of finding ways of bringing itself back into alignment with truth, love, and justness.

**Reversed Message:** It may appear that justice isn't being served. If you've been waiting for someone to get their karmic just desserts, release your resentments, and allow the universe to take care of the matter in its own timing and fashion. There could even be a lesson that was divinely intended for you. Or experiencing injustice could be part of your own karmic debt to repay, carried over from the past or a past life.

Alternatively, perhaps the role you play in an injustice isn't the victim. You may even feel you've gotten away with a deception or offense. If so, you only really got away with delaying your soul's growth, for your soul's deepest desire is to regain its integrity and wholesomeness.

## 66 - *The Law of Balance*



**Upright Message:** You are balanced, fair, open to compromise, or weighing your decisions carefully. Perhaps due to your equipoise or ability to consider all perspectives, you're delegated to a management position. Or maybe you'd make a fair and stable leader, judge, counselor, mediator, or friend in need.

Regarding legal or other matters where you desire to know how you'll fare, it's likely that the outcome will be equitable or involve compromise. With this card, any question you've asked may not necessarily have an all-or-nothing answer, or "yes" or "no" response. Instead, the result you end up with may be a grey area that lies between extremes.

In matters of healing, spirituality, or personal growth, you could be learning to balance yin and yang, or the masculine and feminine.

**Reversed Message:** Nature likes balance. In this theme, Nature uses the Law of Balance to show the rewards of walking a path between dualities and extremes. She also shows the ramifications of straying from this path, such as through falling into one form of extreme or another, being too yin or



too yang, or succumbing to all-or-nothing thinking. Perhaps you're experiencing these ramifications. Sometimes, they may be subtle, while other times, they may be more obvious.

If the above doesn't apply, consider whether this card is counseling you to understand how the Law of Attraction operates in conjunction with the Law of Balance. Begin to notice when and in what situations you've striven toward one extreme and found that you've manifested its opposite duality at another level. For example, where has overstriving to create excess manifested that excess but also depletion or burnout at another level (such as with time, money, resources, energy, etc.)? As you notice the patterns that begin to emerge, think of ways that you can work with the Law of Attraction while also respecting the need to keep everything in balance.

## 67 - Sound Healing



**Upright Message:** Through expressing yourself effectively, authentically, or inspirationally, you have the power to heal a situation or improve your prospects with a relationship, project, or job. Perhaps you even feel the urge to become a speaker, teacher, or someone who communicates insight, wisdom, inspiration, or something else creative. If so, you're being encouraged to follow your heart and let go of what others might think or whether you'll be perfect at it. What isn't perfect can be improved, if you're willing to practice.

On the other hand, drawing this card could be asking you to consider whether there's something you need to listen to more closely, such as an inspirational message or deeper insight you're receiving.

Concerning your health, perhaps singing, toning, or utilizing a form of sound healing would be of benefit. Or, it could be that you need to speak your truth more authentically, communicate your feelings, or learn to dance to your own tune.

**Reversed Message:** You could either feel blocked when it comes to expressing yourself (or with conveying your own truth, ideas, or inspiration), or you could be blocking another's expression. Or you might benefit from making sure you're communicating effectively, so there aren't misunderstandings.

Regarding work or a creative project, things could be moving slowly. Or maybe you're experiencing creative blocks or procrastination. Alternatively, consider whether you need to gain a new skill or take the time to practice to become more proficient.

When it comes to your health, perhaps you feel adversely affected by noise pollution, verbal abuse, or others' negativity. If so, listening to music, healing sounds, or messages of a more positive or inspirational nature could have a therapeutic effect.

## 68 - Fantasy



**Upright Message:** Your imagination could be especially strong right now. If so, perhaps it can be applied to solving a problem, especially if it's one that keeps cycling round. You might finally break the cycle and find freedom.

Or you could be using your imagination to engage in reveries or daydreaming, such as through fantasizing about your family, career, or a new love relationship. Alternatively, you could feel lost in memories of your childhood or a past relationship.

Because this is a card of imagination and fantasy, it could also represent the conception phase of a new idea, invention, project, or plan. Maybe a pregnancy is even

a possibility. If it hasn't yet happened and isn't desired, it might be a good idea to invest in birth control.

With healing matters, perhaps guided or other forms of positive visualization would prove beneficial.

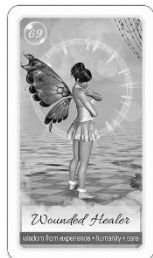
**Reversed Message:** You could be losing yourself in daydreaming, to the point it's hard to get much accomplished. Just make sure you're not using daydreaming to refuse to grow up or to avoid real world responsibilities.

With respect to your relationships, remember that liaisons based in fantasy, idealism, or pseudo-intimacy can create intense or addictive feelings.

For some, drawing this card could represent that your strong imagination or sense of visualization is making what you imagine seem true. If so, you may want to make sure that what you're imagining really reflects the truth. Also remember that trauma or memories from childhood can influence a person's perceptions, in some cases triggering paranoia, hypochondria, or trust issues.

In the case that a fantasy you believed in was recently shattered, trust this was for your highest good. Through being allowed to see the truth, you can take appropriate action or make more informed decisions.

## 69 - Wounded Healer



**Upright Message:** You may have endured a period of suffering, either recently or in your past. Due to what you've persevered, and having found a way to heal yourself, perhaps you're granted the opportunity to be a healer to another (or others). This isn't the type of healer who is elevated above others who are suffering. Instead, it is the type of healer who stands on equal footing, having the capacity to relate to others who are imperfect or in pain due to his or her own experiences with pain and imperfection.

If you've become this kind of healer, you've learned that the most powerful medicine is self-love. You also know that a person's self-worth isn't determined by his or her worldly achievements. You've likely experienced the healing that can occur through sharing your experiences with others and what you've learned. Most important, you know firsthand that your wounds and what you've experienced don't make you weaker than others. If used the right way, they can help you become a stronger and more compassionate person.

**Reversed Message:** If you're going through a period of suffering, you're encouraged not to give up hope. There is a light at the end of every tunnel, and you're meant to make it to the other side! Perhaps there's even a lesson you can learn through transcending a form of suffering or limitation. This lesson needn't be considered negative, nor meant to infer that you're being punished. It's even possible that you've been given such a lesson to help you step into the role of a healer, to have compassion for your own and others' limitations, or to learn the true nature of love and self-worth, which isn't dependent upon worldly achievements or receiving others' approval. Therefore, whatever trial you're undergoing, try to make the most of it. Use it as an opportunity to become transcendent, rather than to feel limited or inferior.

## 70 - Miracle



**Upright Message:** Something miraculous is about to happen for you! It could be that something you've been praying for materializes. Or it could be that your positive thoughts, affirmations, or openness to receiving blessings are helping to attract good things your way. In relationship matters, perhaps you'll reconnect with someone you thought was lost forever. Or maybe a new love relationship will blossom unexpectedly, or the depth of a current bond will deepen—potentially leading to a marriage proposal.

If you've been experiencing difficulties in any area of your life, take heart. It's possible that improvements are occurring behind the scenes, unbeknownst to you.

On the work front, perhaps the raise you never thought you'd receive comes through or you land the job of your dreams!

If your issue pertains to your health, perhaps you experience improvement or a spontaneous remission. Whatever miracle is taking place, treasure it!

**Reversed Message:** Whether your question involves a work, health, relationship, or other matter, trust that any difficulties you're experiencing are likely only temporary. A full recovery could be coming soon. If not a full recovery, you could at least experience significant improvement. Thus, you're asked to keep hopeful and positive, believing that prayers can be answered and miracles can happen! Don't give up on your efforts to look for a new love, to apply for new jobs, to make amends after a quarrel, or to eagerly explore opportunities, resources, treatments, or practitioners that present themselves (if applicable). If you're willing to keep your intentions and prayers positive and see that they are supported by the appropriate actions, you're likely to generate favorable results.

## 71 - Hands That Heal



**Upright Message:** You may be blessed with hands-on healing ability or a Midas touch. If so, perhaps it can be used to offer healing or assistance to a particular person or situation. If a situation you've inquired about is somewhat delicate, this card could be counseling you to treat it with extra care, attention, or a soft touch. Or, if the hands on this card do not represent your own hands but those of another person, it could be you who'd benefit from receiving someone else's support. This type of support might be provided by a healer, coach, or business consultant who can help you turn your ideas into gold.

If your question should involve a love relationship, the appearance of this card could signify that you and a lover cannot keep your hands off each other. On the other hand, if a relationship is currently undergoing difficulties, it could be that being more physical or hands-on will help create more chemistry or closeness.

**Reversed Message:** You may experience difficulty turning a dream or goal into a tangible reality. Perhaps this is because you're lacking a hands-on approach, don't know what to do with your hands, or you're being too idle. Or you could be rejecting practical aid that's being offered.

If it's you who's trying to lend a hand to someone else, perhaps you're finding your efforts, gifts, or generosity are unwelcome or rejected. Or maybe you have to allow others to sort out their issues for themselves.

If your question involves a love relationship, this card in its reversed position could indicate that physical contact or affection could be lacking. Or you could be rejecting someone's physical advances, or someone could be rejecting yours.

With matters of health and spiritual growth, this card asks you to work to overcome any fears you have of giving or receiving healing or love.

## 72 - *Divine Feminine*



**Upright Message:** Someone or something in your life might require a motherly or feminine touch. Maybe your children or mother need attention, you're pregnant, or you're considering becoming a mother. Or the appearance of this card could be counseling you to honor and respect your femininity, feminine values, or the women in your life. If your question is related to your work, this card could signify that a project, goal, or dream could use your love and nurturing to see it grow and mature. And if your question pertains to your health or spiritual growth, this card could be urging you to honor the principle of the Divine Feminine—perhaps through becoming more yin in your life or through developing a connection with Mother Nature.

**Reversed Message:** If you've drawn this card, you may have over-given in some area of your life to the point of feeling exhausted or depleted. Maybe at one time you felt your efforts toward someone or something were worthwhile and appreciated, but now they leave you feeling empty. You may have even shut yourself down, feeling you have nothing left to give. Relationships with children, family members, or other women in your life may have possibly become affected. Or if your question involves a work matter, you could feel creatively blocked, exhausted, or that your job lacks meaning—or your life lacks a true purpose.

If your question involves your health or spiritual growth, you could feel disconnected from your feminine side, your emotions, or even from Mother Nature and the natural world. Or you may find it difficult to receive, to get pregnant, or to give birth in some form.

If any of this applies to you, you may be able to restore the balance through seeking to reconnect with the Divine Feminine in all its forms.

## Using the Card Backs

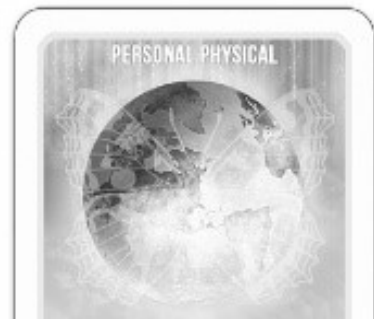
With the *Healers of the Earth Oracle*, both the card fronts and the card backs can be used to give a reading. In the case it is unclear what a “card back” is, the sides of the cards with the numbers on them are known as the “card fronts.” The sides of the cards without numbers are known as the “card backs.” If you’ve noticed, not every card back is identical when it comes to the phrase on the card. This is deliberate so that they, too, can be used for a divination purpose.

Due to the need to keep this version of the manual smaller, it does not contain all of the ways that the card backs were meant to be used. For a more extensive way to use the card backs with healing charts, you can download the more extensive manual that will be made available at:

<http://empoweryourhealerwithin.com/manuals>

## Identifying What to Make a Focus

Since this is a card deck for “healers of the earth,” it seemed appropriate to have a way to read into how your higher self, angels, or guides would like you to focus your energy within the world. Thus, the card backs were created in a way to allow them to be used to draw a card (or cards) to know what area of life to focus on for a reading. Because this is a healing card deck, using the card backs mainly help to focus on what you would benefit from healing rather than what is already going well. They were also devised as a tool that could help the reader bypass any tendency toward cognitive dissonance or ego interference to truly determine what your higher self or guides want you to make a priority.



For example, is it in your best interest to focus on your personal physical affairs or what is going on in the world at a collective physical level? Or should you focus on your personal emotions or what is going on emotionally at the collective level? Or should you focus on your use of technology, letting something go, or even your spiritual hygiene? You can receive an answer using the card backs through using a one-card or a two-card spread..

## The One-Card Spread

To perform a one card spread using the card backs, shuffle the cards and then either cut the deck to reveal a card back or lay the cards out in front of you (with their faces up) and then draw a card. Note the phrase written at the top of the card back that you’ve drawn. This phrase indicates what to make your focus for the day or with a situation.

You can use the definitions that start on page 52 as a guideline for how to interpret your card back, if needed.

## Two-Card Spread



This card spread can help if you want to draw a card for the day from the card faces but you also want to determine what level, pertaining to its message, your higher self or guides want you to focus on (such as whether you should focus on the personal physical or emotional, the collective physical or emotional, purification, technology, empathy and relationships, etc.).

For example, if you draw the “Clock is Ticking” card for the card face and “Collective Physical” for the card back, it might indicate to focus on events in the collective world for which time is running out to act on them. If you pair the same card face with “Hypervigilance and Illusion” for the card back, it might indicate that with something you’re anxious about, you need to deal with the anxiety or fear you are feeling. If you pair the same card with “Technology,” it could mean that there is something you need to take action with involving technology. This could be sending a text to someone you’ve been waiting to hear from or getting away from the internet if you are feeling addicted..

To perform the spread, follow the below steps:

1. Shuffle the cards and lay them out in front of you with their backs facing up. Then, draw a card and flip it over to reveal a card face with a number. You can look up the card's definition in Chapter 3, if needed.

2. Shuffle the cards again and then lay them out in front of you with the card fronts and their numbers facing up. Then, draw a card and flip it over to reveal a card back. You can look up the definition in this chapter, if you feel it is necessary (see page 52). For step 1 and 2 you can also choose to cut the cards if that is more comfortable than laying them out. Cut them one way to reveal a card front and then cut them the opposite way to reveal a card back.

3. Then interpret both cards together, applying the energy of the second card you’ve drawn to the energy of the first card.

You can use the following interpretations as a guide:

### *Personal Physical*

Drawing this card back advises you to focus on your personal physical reality. For example, do you need to focus on your physical energy levels, sleep, physical stress levels, diet, or health? Do you need to focus on finding a job or tending to your finances? Or do you need to focus on cleaning your house, getting rid of clutter, or planning a change in residence? Overall, if you’ve drawn this card back, it indicates to look more closely at your physical reality and the actions you're taking to meet your physical needs and goals.

## *Collective Physical*

Drawing this card back advises that it would serve your growth at this time to focus on the collective physical level of your reality. For example, what is positively or negatively manifesting at a collective, global, and physical level? How are you contributing to these positive or negative manifestations, through your actions, deeds, choices, alignments, spending, and lifestyle? Are there ways you can be more conscious of your environmental, societal, or political impact or contributions at this time? What beneficial or non-beneficial alignments are you consciously or unconsciously making with companies, industries, leaders, or other social and collective entities or norms? How do your alignments matter and do they contribute to manifesting greater peace or healing in the greater world? If not, what action can you take?

## *Personal Emotional*

Drawing this card back advises that it would serve your growth at this time to focus on your emotions and how they impact your reality or your perception of it. For example, have you been under emotional stress or feeling overwhelmed, angry, or worried? What positive emotions have you been experiencing, and how can you nurture them within yourself? Are emotions coming to the surface that need to be processed? Have you been repressing or holding back your feelings? If so, is there something you need to express or to emotionally resolve or release? In general, some area of your emotional life may need to be tended to, embraced, or brought more fully to your awareness.

## *Collective Emotional*

Drawing this card back advises that it would serve your growth at this time to focus on the collective emotional level of your experience. For example, are you empathically sensitive to a state of civil unrest, or feelings of panic or distress that have arisen somewhere in the world? Or are you picking up on the positive emotions generated by a global event or an inspirational, collective collaboration? Is there a way you can be part of a collective emotional movement when it comes to manifesting more love, peace, or positivity in the greater world? Alternatively, where would you benefit from engaging in passive resistance, active resistance, rebelling against societal norms, or letting go of complacency, if applicable? This card is a little different from the “Empathy and Relationships” card back as it asks you to focus on social movements and the emotional energy projected by large groups of people who you don't share any personal relationship. With receiving this card back, you may benefit from focusing on the collective emotional climate and how you may be affected by it, can affect it in a positive way, or can contribute to changing it (if applicable).

## *Hypervigilance & Illusion*

Drawing this card back advises that it would be in your best interest or would serve your growth at this time to focus on how you use your imagination. Are you using it toward a positive, inspired purpose? Or is it being used to feed your fears, to be hypervigilant, or to avoid seeing the truth—such as through wishful thinking, fantasy, or engaging in cognitive distortions including exaggeration, minimizing, catastrophizing, overgeneralization, or all-or-nothing or black-and-white thinking? This card back can also indicate to ask yourself where you can focus on your spiritual life over the material. Or how can you better learn to separate what is real in the eyes of spirit from the worldly illusions and attachments that you feel tempted to make a preoccupation or priority?

## *Industry & Technology*

Drawing this card back advises you to focus on how your life and experiences are impacted by industry and technology. For example, in what ways are you making positive use of technology? Or where can you withdraw from technology or overexposure to what is artificial or unnatural? How can you help the world become more natural, less artificial, and less polluted? How can you help to support the creation or advancement of newer or cleaner forms of technology? Or is there a way you can use technology to support a cause, to do research, or to get a message out? This card back could also be asking you to focus on issues related to the ownership or abuse of power, both metaphorically and literally, or at a personal or collective level.

## *Purification & Release*

Drawing this card back advises you to focus on purifying your life or cleansing yourself physically, emotionally, or spiritually. For example, what can you let go of? How has letting go of something improved your life? Where can you become more pure or align with what's wholesome? Where has doing so shown to be beneficial to yourself and others? If applicable, how can you cope with symptoms of resistance, withdrawal, fear of loss, grief, discomfort, or whatever else has the potential to arise during a cleansing process (emotionally, physically, or energetically)?

## *Spiritual Hygiene*

Drawing this card back advises you to focus on your spiritual hygiene; in other words, strengthening, purifying, and protecting yourself at an energetic or spiritual level. For example, how has the use of prayer, smudging, meditation, visualization, or positive intention impacted your life for the better? Where can you focus on giving or receiving energy work (e.g., energy work can involve unblocking and balancing chakras, healing leaks and tears in the energy field, grounding your energy in the body, clearing the energy field of psychic debris, clearing one's space of spiritual interference, or clearing unproductive cords and attachments)? Or where do you need to shield yourself or develop stronger boundaries, psychic or otherwise (e.g., such as to protect you from taking on others beliefs, projections, energies, contagions, or even forms of collective, familial, or cultural indoctrination)? And where can you have more faith or trust in the spiritual world?

## *Empathy & Relationships*

Drawing this card back advises you to focus on your relationships and whether you are feeling loved or nurtured—and what action you can take if you feel love is lacking. This card back also asks for you to examine topics involving your sensitivity to others and their moods and feelings, including what you unconsciously take on from others that can be released. Perhaps, you may even have lessons to learn from your relationships, such as how you can become less co-dependent, set boundaries, manage your empathy, or worry less over what others think.

## *Unknown*

With drawing this card back, you are asked to focus on the unknown or unknowable. For example, do you need to face a fear of the unknown or of not being in control? Where are you presently venturing into the unknown with courage and faith? What if there are no answers to be given at present (in general or with an issue), or it is not the right time to seek them? Would you benefit from focusing on looking within yourself for what is blocking you from wanting to delve deeper beneath a



subject to know the truth? Or is it difficult or painful to think you may not get what you want in a situation or that you might have to let go? Or are you affected by repressed memories or traumas, possibly even from past lives, that lie below your conscious awareness?

If you pick a category and you want more information, you can try drawing another card, reading a card face (rather than a card back) to see if you can receive more information or more clarity.

## About the Artwork

The images for these cards were mainly created using stock images which the extended rights to use them were purchased from fotolia.com and dreamstime.com. Many of the images have been photoshopped to include elements such as snowflakes, ice, rain, sparkles, birds, and arcane circles. Most of these elements were added using Photoshop brushes and add-ons, which the rights to use them were purchased from obsidiandawn.com.

## About the Author

Mandy Peterson is a professional psychic and Emotional Freedom Technique (EFT) practitioner. She is the author of the *EFT Divination Kit* intended for use with EFT (to replace muscle-testing) and the *Color of Love Divination Kit*. She is also the author of two books: *I am the Lotus, Not the Muddy Pond* and *A Guest in Their Universe: An Earth Empath's Dialogue with Nature and Animals*. You can find out more about Mandy at her main website [mysticmandy.com](http://mysticmandy.com). If you want to learn more about her divination decks, you can visit [empoweryourhealerwithin.com](http://empoweryourhealerwithin.com).